



# Basildon & Phoenix Swimming Club

[www.phoenixbasildonsc.org](http://www.phoenixbasildonsc.org)

## EVENT CONDITIONS

<b>Event</b>	<b>BPSC SPRING LONG COURSE MEET</b>
<b>Date</b>	<b>13/14<sup>TH</sup> MAY 2017</b>
<b>Venue</b>	<b>Basildon Sporting Village, Cranes Farm Road, Basildon, Essex SS14 3GR</b>
<b>Pool</b>	<b>50M, 8 Lane pool with Electronic timing and swimdown facilities</b>
<b>Level</b>	<b>1</b>
<b>Age Groups</b>	<b>9,10,11,12,13,14+</b>
<b>Age On Day</b>	<b>14<sup>TH</sup> MAY 2017</b>
<b>Awards</b>	<b>Top 3 in each Age Group</b>
<b>Events</b>	<b>All 50's, 100'S, 200'S, 400'S, 1500 AND 800 FINALS IN ALL 50'S</b>
<b>Race Entry Fee</b>	<b>£6.00 per event    (£15 FOR 1500 AND 800)</b>
<b>Spectator Entrance Fee</b>	<b>£5.00 per day or part of</b>
<b>Club Entry Files Returned to</b>	<b>bpscgalasec@btopenworld.com</b>
<b>Individual Entries Returned to</b>	<b>BPSC Gala Manager Rebels, Rebels Lane, Gt Wakering, Essex SS3 0QE- NO SPECIAL DELIVERIES</b>
<b>All Enquiries to</b>	<b>bpscgalasec@btopenworld.com</b>
<b>Closing Date Meet Manager</b>	<b>14<sup>TH</sup> APRIL 2017 Lyndsey Motin</b>





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## Rules and Conditions

1. The event will be held under ASA laws and regulations, ASA Technical rules of racing and to the ASA Meet Licensing Criteria
2. Entries may only be accepted from competitors registered as members of the ASA CATEGORY 2
3. **Competitors' ages shall be as on the last day of the Competition 14<sup>TH</sup> MAY 2017**
4. All entries must be LONG COURSE – Times converted from short course are allowed using the Sportsystems conversion tool and be faster than the QTs published
5. All swimmers aged 9 and over can swim all events
6. Club entries of more than 6 swimmers **MUST** be submitted electronically together with a summary form and paid via BACs (account details on summary form). Any Club manually entering 6 or more swimmers will be subject to a further £25 administration charge **BEFORE** entries are processed. Entry software can be obtained from [www.phoenixbasildon.org](http://www.phoenixbasildon.org)
7. Expenses will be paid for all Officials and Meals, drinks and snacks will all be provided where appropriate
8. **BACS payments for individual entries can be made by BPSC swimmers ONLY – ALL other individual entries must be paid by Cheque**
9. If the number of entries is high the promoter reserves the right to limit entries to enable the gala to meet licensing requirements. This will be done according to entry times. Full club entries received will be acknowledged immediately by email, but must be made in full (ie electronic entry file, payment, club summary form, entry summary report). Partial entries and entries received after the closing date may not be accepted.
10. The list of accepted entries will be published/available for download from the club website ([www.phoenixbasildon.org](http://www.phoenixbasildon.org)) shortly after the closing date. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any mistakes or changes that may be required. Club contacts will be notified of rejections where/if appropriate.
11. **There will be no refunds of entry fees unless the entries are rejected by the organisers for any reason.**
12. The meet promoter may check entries against the ASA British Rankings database. Falsely entered times will be rejected without refund.
13. **This is a signing in Event – Signing in will close 45 mins before the start of the Event**
14. Spectator admission will be from the start of Warm up
15. Competitors must report to the marshalling area 15 mins before the start of their event where they will be given their start order. Any swimmer not reporting may be deemed to have withdrawn from that event.
16. In TF Events all Events will be seeded with fastest swimmers swimming last.
17. The top three in each age group will receive a medal
18. On The Day entries will be accepted where time permits in all Events at a price of £7.00. - All of these entries will be seeded and eligible for an award.
19. The promoters reserve the right to refuse admission to any competitor or spectator.
20. The promoters do not accept responsibility for any property. Lockers are available in the changing rooms and should be used for the safe keeping of all belongings. In order to use the locker you will need a £1 coin





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21. Basildon & Phoenix uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information on computer. Personal data handled such as name, club, recorded and entered times may be made public during or after the meet.
22. The promoters reserve the right to make alterations to the above conditions if necessary. All participants will be informed of any such changes
23. Coaches' passes will not be sold on the day – no pass, no admission poolside.
24. Please help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways, report any issues immediately to a member of the pool staff or to the Open Meet Promoter.
25. Warm up protocol: Strictly no diving during any warm-up sessions, except in the designated sprint lanes, odd lanes will swim clockwise (1, 3, 5, 7) even lanes (2, 4, 6, 8) will swim counter clockwise. Swimmers using sprint lanes must swim 15 metres before slowing up. All swimmers must leave the water by the side of the pool and not over the timing pads. Coaches should manage the lanes their swimmers are using during the warm up sessions.
26. BPSC accepts no responsibility for loss or damage to personal property and requests that all persons remove their belongings if they leave the premises at any time. Any lost property not claimed from the announcer during the meet will be handed to Pool Management for collection by the owner
27. In line with the recommendations in the ASA Child Protection Policy, any person wishing to use video, zoom or closerange photography at the competition must register their details at the desk provided beforehand. This rule also applies to the use of mobile phones with an image capturing facility. A sticker will be issued and this should be affixed to the camera/video itself. **IMAGE CAPTURING DEVICES MUST NOT BE USED ON POOLSIDE OR CHANGING AREA AT ANY TIME FOR THE PURPOSE OF TAKING PHOTOS**
28. Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No outdoor shoes are allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear.
29. Spectators, officials and competitors must observe the safety precautions in operation at Basildon Sporting Village and are asked to familiarise themselves with the location of all emergency exits and must abide by any rules laid down by the venue management. Neither the Meet Management, the Promoters nor BPSC will be responsible for any loss or damage occurring during this Meet.
30. Coaches or Team Managers are responsible for the swimmers' conduct at all times.
31. By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
32. Results will be available on the Club website as soon as possible after the meet and submitted to British swimming for inclusion in the Rankings Database
33. Any issues not covered by these conditions will be determined by the Promoter and Referee, subject to ASA Laws, Regulations and the ASA Technical Rules of Racing





# Basildon & Phoenix Swimming Club

## FINANCIAL SUMMARY FORM

**CLUB**.....

			Total
No of Female entries		@ £6.00	
No of Male Entries		@ £6.00	
No Of Distance Entries		@ £15.00	
No of Coaches passes		@£20.00 WEEKEND	
		@ £10 PER DAY	
		TOTAL	

**NB** All Coaches/Team Managers on poolside must have a coaches Pass which must be worn at all times-  
Coach Passes include food during any 2 session day

Name.....

Address.....

Mobile.....email.....

**ALL CLUB PAYMENTS MUST BE MADE VIA BACS**

**BPSC / Sort code 20-12-21 / Account No 90547875 / REF GALA NAME 'CLUB NAME'**





# Basildon & Phoenix Swimming Club

## Officials Form

**CLUB**.....

No of Swimmers Competing.....

Club Contact email.....

Officials Name	Qualification (J1, J2 etc)	Sessions covered

Mentoring Required YES / NO

Please note you DO NOT have to be a licensed Official for Level 3 Meets

Send To [bpscgalasec@btopenworld.com](mailto:bpscgalasec@btopenworld.com)





# Basildon & Phoenix Swimming Club

## MEET SCHEDULE

<b>SATURDAY WARM UP 1.00PM SESSION 1</b>	<b>SUNDAY WARM UP 1.00PM SESSION 3</b>
BOYS 400 FREESTYLE	GIRLS 400 FREESTYLE
GIRLS 400 IM	BOYS 400 IM
BOYS 50 BREASTSTROKE	GIRLS 50 BREASTSTROKE
GIRLS 50 BACKSTROKE	BOYS 50 BACKSTROKE
BOYS 200 BUTTERFLY	GIRLS 200 BUTTERFLY
GIRLS 200 FREESTYLE	BOYS 200 FREESTYLE
BOYS 100 BACKSTROKE	GIRLS 100 BACKSTROKE
GIRLS 100 BREASTSTROKE	BOYS 100 BREASTSTROKE
BOYS 50 OPEN BRST FINAL	GIRLS OPEN 50 BRST FINAL
GIRLS OPEN 50 BACK FINAL	BOYS OPEN 50 BACK FINAL
<b>SATURDAY WARM UP TBC SESSION 2</b>	<b>SUNDAY WARM UP TBC SESSION 4</b>
BOYS 50 FREESTYLE	GIRLS 50 FREESTYLE
GIRLS 50 BUTTERFLY	BOYS 50 BUTTERFLY
BOYS 200 IM	GIRLS 200 IM
GIRLS 100 FREESTYLE	BOYS 100 FREESTYLE
BOYS 100 BUTTERFLY	GIRLS 100 BUTTERFLY
GIRLS 200 BACKSTROKE	BOYS 200 BACKSTROKE
BOYS 200 BREASTSTROKE	GIRLS 200 BREASTSTROKE
GIRLS OPEN 50 FLY FINAL	BOYS OPEN 50 FLY FINAL
BOYS OPEN 50 F/S FINAL	GIRLS OPEN 50 F/S FINAL
GIRLS 800 FREESTYLE	BOYS 1500 FREESTYLE

Warm Up Times for sessions 2 & 4 will be announced after the accepted entries have been released





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## Qualifying Times

BOYS						GIRLS						
9	10	11	12	13	14+	9	10	11	12	13	14+	
42.6	39	37	34.9	33	31.3	50m Freestyle	42.8	39.8	37.3	35.4	34	32.9
1:25.8	1:20.8	1:18.8	1:13.7	1:09.8	1:06.9	100m Freestyle	1:30.2	1:26.2	1:19.3	1:15.2	1:12.7	1:10.7
3:23.4	3:03.6	2:51.3	2:40.8	2:32.6	2:25.6	200m Freestyle	3:29.1	3:04.4	2:51.3	2:42.5	2:36.2	2:32.1
7:22.5	6:26.4	5:56.0	5:38.1	5:21.8	5:07.0	400m Freestyle	7:20.7	6:27.4	5:56.4	5:38.8	5:26.3	5:18.0
						800m Freestyle	10:30.00	10:30.00	10:30.00	10:30.00	10:30.00	10:30.00
18:30.0	18:30.0	18:30.0	18:30.0	18:30.0	18:30.0	1500 Freestyle						
56.8	51.6	48.2	44.6	41.8	39.7	50m Breaststroke	57	51.2	47.8	45	43.1	41.5
1:50.5	1:45.5	1:41.5	1:34.7	1:28.8	1:24.6	100m Breaststroke	1:55.3	1:50.3	1:41.6	1:35.2	1:30.8	1:28.5
4:20.5	3:57.2	3:39.1	3:25.2	3:12.5	3:02.5	200m Breaststroke	4:27.3	3:55.5	3:36.6	3:24.9	3:15.5	3:09.5
48.8	43.5	40.8	38.1	35.9	34	50m Butterfly	48.2	44	40.7	38.6	36.7	35.7
1:35.7	1:30.7	1:27.7	1:21.5	1:16.8	1:12.8	100m Butterfly	1:41.1	1:37.1	1:27.9	1:22.6	1:19.1	1:17.2
4:03.7	3:32.3	3:12.5	2:59.9	2:49.9	2:40.9	200m Butterfly	3:56.6	3:34.6	3:12.6	3:01.7	2:53.5	2:48.0
50.3	46	43.2	40.5	38.2	36.1	50m Backstroke	50.2	46	43.1	40.9	39.4	38
1:35.8	1:32.8	1:29.8	1:24.1	1:19.2	1:15.0	100m Backstroke	1:41.5	1:37.5	1:29.9	1:24.5	1:21.7	1:19.6
3:46.7	3:25.8	3:12.0	3:00.7	2:50.3	2:42.3	200m Backstroke	3:52.7	3:26.3	3:11.0	3:00.6	2:54.3	2:49.8
3:52.0	3:29.6	3:14.3	3:02.8	2:52.7	2:44.8	200m Individual Medley	3:55.2	3:29.6	3:14.3	3:03.3	2:56.8	2:52.3
8:21.9	7:26.3	6:50.8	6:26.7	6:06.4	5:49.3	400m Individual Medley	8:24.4	7:26.2	6:47.3	6:24.9	6:10.6	6:02.0

ALL TIMES ARE LONG COURSE





# Basildon & Phoenix Swimming Club

## Coaches / Chaperone Pass Individual Application Form

<b>Full Name:</b>		
<b>Club Name:</b>		
<b>Position:</b> (eg Coach)		
<b>Email Address:</b>		
<b>Telephone No:</b>		
<b>ASA Affiliation Number:</b>		
<b>DAY Pass with Food</b>	Quantity:	Total Sent: £
<b>Weekend Pass With Food</b>	Quantity	Total Sent: £

The above named person is authorised to hold a pass for this club:

Signed \_\_\_\_\_ Club Secretary

Coach's Passes will not be available on the day. There will be no access to poolside without a coach's pass

All completed forms to be returned to: [bpscgalasec@btopenworld.com](mailto:bpscgalasec@btopenworld.com)

Please note, we do not accept parents poolside if they are not qualified coaches or Team Managers.

