



# Basildon & Phoenix Swimming Club

[www.phoenixbasildonsc.org](http://www.phoenixbasildonsc.org)

## EVENT CONDITIONS

<b>Event</b>	<b>BPSC SEASON OPENER 2017</b>
<b>Date</b>	<b>30 SEPTEMBER/1<sup>ST</sup> OCTOBER 2017</b>
<b>Venue</b>	<b>Basildon Sporting Village, Cranes Farm Road, Basildon, Essex SS14 3GR</b>
<b>Pool</b>	<b>25M, 8 Lane pool with Electronic timing and swimdown facilities</b>
<b>Level</b>	<b>3</b>
<b>Age Groups</b>	<b>9,10,11,12,13,14+</b>
<b>Age On Day</b>	<b>1<sup>ST</sup> OCTOBER 2017</b>
<b>Awards</b>	<b>Top 3 in each Age Group</b>
<b>Events</b>	<b>ALL 50'S, 100'S, 200'S, 400'S</b>
<b>Race Entry Fee</b>	<b>£5.50 per event</b>
<b>Spectator Entrance Fee</b>	<b>£5.00 per day or part of</b>
<b>Club Entry Files Returned to</b>	<b>bpscgalasec@btopenworld.com</b>
<b>Individual Entries Returned to</b>	<b>BPSC Gala Manager Rebels, Rebels Lane, Gt Wakering, Essex SS3 0QE- NO SPECIAL DELIVERIES</b>
<b>All Enquiries to</b>	<b>bpscgalasec@btopenworld.com</b>
<b>Closing Date</b>	<b>1<sup>ST</sup> SEPTEMBER 2017</b>
<b>Meet Manager</b>	<b>Lyndsey Motin</b>





# Basildon & Phoenix Swimming Club

## Rules and Conditions

1. The event will be held under ASA laws and regulations, ASA Technical rules of racing and to the ASA Meet Licensing Criteria
2. Entries may only be accepted from competitors registered as members of the ASA CATEGORY 2
3. **Competitors' ages shall be as on the last day of the Competition 1<sup>st</sup> October 2017**
4. All entries must be Short Course times or Long course times converted to Short course.
5. All swimmers aged 9 and over can swim all events
6. Club entries of more than 6 swimmers **MUST** be submitted electronically together with a summary form and paid via BACs (account details on summary form). Any Club manually entering 6 or more swimmers will be subject to a further £25 administration charge **BEFORE** entries are processed. Entry software can be obtained from [www.phoenixbasildon.org](http://www.phoenixbasildon.org)
7. Clubs entering more than 10 swimmers are requested to provide a licensed official using the form included in this pack. Expenses will be paid for all Officials and Meals, drinks and snacks will all be provided where appropriate
8. THIS EVENT IS FIRST COME FIRST SERVED.
9. The list of accepted entries will be published/available for download from the club website ([www.phoenixbasildon.org](http://www.phoenixbasildon.org)) shortly after the closing date. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any mistakes or changes that may be required. Club contacts will be notified of rejections where/if appropriate.
10. **There will be no refunds of entry fees unless the entries are rejected by the organisers for any reason.**
11. The meet promoter will check entries against the ASA British Rankings database. Falsely entered times will be rejected without refund.
12. **This is a signing in Event –**
13. Spectator admission will be from the start of Warm up
14. Competitors must report to the marshalling area 15 mins before the start of their event where they will be given their start order. Any swimmer not reporting may be deemed to have withdrawn from that event.
15. In HDW Events all Events will be seeded with fastest swimmers swimming last.
16. The top three in each age group will receive a medal A competitor who has been disqualified will not receive an award.
17. On The Day entries will be accepted SPACE PERMITTING at a price of £6.50. - All of these entries will be seeded and eligible for an award.
18. Entries FASTER than the published ULT will be accepted ON THE DAY ONLY – Space permitting – these entries WILL NOT be eligible for an award
19. The promoters reserve the right to refuse admission to any competitor or spectator.
20. The promoters do not accept responsibility for any property. Lockers are available in the changing rooms and should be used for the safe keeping of all belongings. In order to use the locker you will need a £1 coin





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21. Basildon & Phoenix uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information on computer. Personal data handled such as name, club, recorded and entered times may be made public during or after the meet.
22. The promoters reserve the right to make alterations to the above conditions if necessary. All participants will be informed of any such changes
23. Coaches' passes will not be sold on the day – no pass, no admission poolside.
24. Please help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways, report any issues immediately to a member of the pool staff or to the Open Meet Promoter.
25. Warm up protocol: Strictly no diving during any warm-up sessions, except in the designated sprint lanes, odd lanes will swim clockwise (1, 3, 5, 7) even lanes (2, 4, 6, 8) will swim counter clockwise. Swimmers using sprint lines must swim 15 metres before slowing up. All swimmers must leave the water by the side of the pool and not over the timing pads. Coaches should manage the lanes their swimmers are using during the warm up sessions.
26. BPSC accepts no responsibility for loss or damage to personal property and requests that all persons remove their belongings if they leave the premises at any time. Any lost property not claimed from the announcer during the meet will be handed to Pool Management for collection by the owner
27. Anyone attending the gala wishing to use camera, video or digital image-capturing devices (including mobile phones and tablet devices) may do so without the need to register their details with the meet organiser
28. Participants and spectators are requested to follow the ASA guidelines for photography and use of photographs on social media. The ASA Child Safeguarding Policy and Procedures, Wavepower 2016-19 Section 2 provides guidance on the use of social networking (page 72-75) and guidance on photography (page 76-77).
29. IMAGE CAPTURING DEVICES MUST NOT BE USED ON POOLSIDE OR CHANGING AREA AT ANY TIME FOR THE PURPOSE OF TAKING PHOTOS
30. Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No outdoor shoes are allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear.
31. Spectators, officials and competitors must observe the safety precautions in operation at Basildon Sporting Village and are asked to familiarise themselves with the location of all emergency exits and must abide by any rules laid down by the venue management. Neither the Meet Management, the Promoters nor BPSC will be responsible for any loss or damage occurring during this Meet.
32. Coaches or Team Managers are responsible for the swimmers' conduct at all times.
33. By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
34. Results will be available on the Club website as soon as possible after the meet.
35. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to ASA Laws





# Basildon & Phoenix Swimming Club

## FINANCIAL SUMMARY FORM

**CLUB**.....

			Total
No of Female entries		@ £5.50	
No of Male Entries		@ £5.50	
No of Coaches passes		@ £20.00	
		TOTAL	

**NB** All Coaches/Team Managers on poolside must have a coaches Pass which must be worn at all times-  
Coach Passes include food during any 2 session day

Name.....

Address.....

Mobile.....email.....

**ALL CLUB PAYMENTS MUST BE MADE VIA BACS**

**BPSC / Sort code 20-12-21 / Account No 90547875 / REF GALA NAME 'CLUB NAME'**





# Basildon & Phoenix Swimming Club

## Officials Form

**CLUB**.....

No of Swimmers Competing.....

Club Contact email.....

Officials Name	Qualification (J1, J2 etc)	Sessions covered

Mentoring Required YES / NO

Please note you DO NOT have to be a licensed Official for Level 3 Meets

This form must be emailed with SS file  
To [bpscgalasec@btopenworld.com](mailto:bpscgalasec@btopenworld.com)





# Basildon & Phoenix Swimming Club

## Basildon Phoenix Swimming Club

### Gala Entry Form



Gala.....

First Name ..... Surname.....

Email ..... TEL.....

Date of Birth ..... ASA NO..... Male / Female (delete)

Event No	Event	Please tick	Entry Time Only if there is no licensed time for that event	Coach Signature (If an unlicensed time is used) Level 3 & 4 Galas Only
50	Freestyle			
100	Freestyle			
200	Freestyle			
400	Freestyle			
800	Freestyle			
1500	Freestyle			
50	Backstroke			
100	Backstroke			
200	Backstroke			
50	Breaststroke			
100	Breaststroke			
200	Breaststroke			
50	Butterfly			
100	Butterfly			
200	Butterfly			
100	Medley			
200	Medley			
400	Medley			

Total Number of Entries ..... @ .....per event  
 + £1.00 **COMPULSARY** admin fee **per form (Forms will NOT be accepted without this fee)**

Total Entry Fee Enclosed .....

Cheques made payable to **BPSC** & posted TO REBELS, REBELS LANE, GT WAKERING ESSEX SS3 0QE

# FORMS CANNOT BE EMAILED





# Basildon & Phoenix Swimming Club

## Race Schedule

<b>SATURDAY SESSION 1 WARM UP 1.00PM</b>		<b>SUNDAY SESSION 3 WARM UP 1PM</b>	
BOYS 400M FREESTYLE		GIRLS 400M FREESTYLE	
GIRLS 400M IM		BOYS 400M IM	
BOYS 50M BREASTSTROKE		GIRLS 50M BREASTSTROKE	
GIRLS 50M BUTTERFLY		BOYS 50M BUTTERFLY	
BOYS 200M BACKSTROKE		GIRLS 200M BACKSTROKE	
GIRLS 200M BREASTSTROKE		BOYS 200M BREASTSTROKE	
BOYS 100M BUTTERFLY		GIRLS 100M BUTTERFLY	
GIRLS 100M FREESTYLE		BOYS 100M FREESTYLE	
<b>SATURDAY SESSION 2 WARM UP TBC</b>		<b>SUNDAY SESSION 4 WARM UP TBC</b>	
BOYS 200M IM		GIRLS 200M IM	
GIRLS 50M FREESTYLE		BOYS 50M FREESTYLE	
BOYS 50M BACKSTROKE		GIRLS 50M BACKSTROKE	
GIRLS 100M IM		BOYS 100M IM	
BOYS 200M FREESTYLE		GIRLS 200M FREESTYLE	
GIRLS 200M BUTTERFLY		BOYS 200M BUTTERFLY	
BOYS 100M BACKSTROKE		GIRLS 100M BACKSTROKE	
GIRLS 100M BREASTSTROKE		BOYS 100M BREASTSTROKE	





# Basildon & Phoenix Swimming Club

## QUALIFYING TIMES Upper limit times

All times are SC

GIRLS							BOYS								
9	10	11	12	13	14	15+			9	10	11	12	13	14	15+
38.5	36.1	35.1	33.0	32.5	31.1	30.6	50m	Back	38.8	36.5	34.4	32.5	30.0	29.4	26.9
45.4	43.4	40.8	38.5	37.8	37.3	36.0	50m	Breast	44.8	42.8	41.0	37.6	35.6	34.1	32.4
38.2	35.9	34.9	32.9	32.4	31.6	30.3	50m	Fly	38.5	36.0	34.0	32.3	30.5	28.0	26.2
35.3	33.4	31.7	30.0	28.8	28.0	26.9	50m	Free	33.0	32.0	31.0	30.0	29.0	28.0	25.0
1.16.3	1.16.3	1.16.3	1.12.5	1.11.9	1.10.4	1.05.6	100m	Back	1.09.3	1.09.3	1.09.3	1.09.3	1.07.2	1.04.4	1.00.1
1.25.4	1.25.4	1.25.4	1.23.0	1.21.1	1.20.5	1.17.4	100m	Brst	1.20.3	1.20.3	1.20.3	1.20.3	1.15.4	1.12.2	1.10.0
1.15.0	1.15.0	1.15.0	1.14.0	1.11.8	1.10.2	1.09.3	100m	Fly	1.11.2	1.11.2	1.11.2	1.11.2	1.08.3	1.06.3	58.0
1.08.2	1.08.2	1.08.2	1.05.9	1.04.2	1.03.3	1.01.3	100m	free	1.03.5	1.03.5	1.03.5	1.03.5	59.6	58.9	53.9
3.10.5	2.50.2	2.41.8	2.33.0	2.30.9	2.29.4	2.25.3	200m	Back	3.00.0	2:47.0	2.36.0	2.31.0	2.27.0	2.22.1	2.10.1
3.30.5	3.20.8	3.09.9	3.00.5	2.59.4	2.57.4	2.45.7	200m	Breast	3.30.0	3.10.0	3.00.8	2.55.2	2.50.9	2.45.7	2.32.8
3.22.5	3.00.6	2.45.3	2.40.0	2.35.1	2.30.4	2.25.7	200m	Fly	3.20.2	3.00.9	2.50.5	2.40.0	2.30.2	2.25.4	2.05.5
2.45.1	2.35.0	2.25.0	2.20.0	2.18.0	2.15.6	2.10.9	200m	Free	2.45.0	2.35.0	2.25.0	2.15.8	2.10.5	2.05.5	2.00.0
5.30.0	5.15.4	5.00.0	4.54.0	4.45.0	4.43.0	4.30.0	400m	Free	5.45.0	5.20.0	5.00.0	4.45.9	4.34.7	4.25.9	4.15.8
1.25.0	1.20.0	1.15.7	1.14.4	1.13.9	1.12.5	1.05.6	100m	I/M	1.31.5	1.25.1	1.20.3	1.15.5	1.11.2	1.08.5	1.02.2
3.10.4	2:55.0	2.45.8	2.40.9	2.35.7	2.30.8	2.20.2	200m	I/M	3.16.0	2:59.5	2.48.6	2.39.4	2.29.7	2.25.1	2.10.6
6.30.0	6.10.7	5.40.1	5.35.0	5.30.8	5.25.5	5.10.1	400m	I/M	6.54.0	6.20.6	5.49.2	5.35.0	5.14.8	5.08.4	4.40.9







# Basildon & Phoenix Swimming Club

## Coaches / Chaperone Pass Individual Application Form

<b>Full Name:</b>		
<b>Club Name:</b>		
<b>Position:</b> (eg Coach)		
<b>Email Address:</b>		
<b>Telephone No:</b>		
<b>ASA Affiliation Number:</b>		
<b>Weekend Pass No Food</b>	Quantity:	Total Sent: £
<b>Weekend Pass With Food</b>	Quantity	Total Sent: £

The above named person is authorised to hold a pass for this club:

Signed \_\_\_\_\_ Club Secretary

Coach's Passes will not be available on the day. There will be no access to poolside without a coach's pass

All completed forms to be returned to: [bpscgalasec@btopenworld.com](mailto:bpscgalasec@btopenworld.com)

Please note, we do not accept parents poolside if they are not qualified coaches or Team Managers.

