

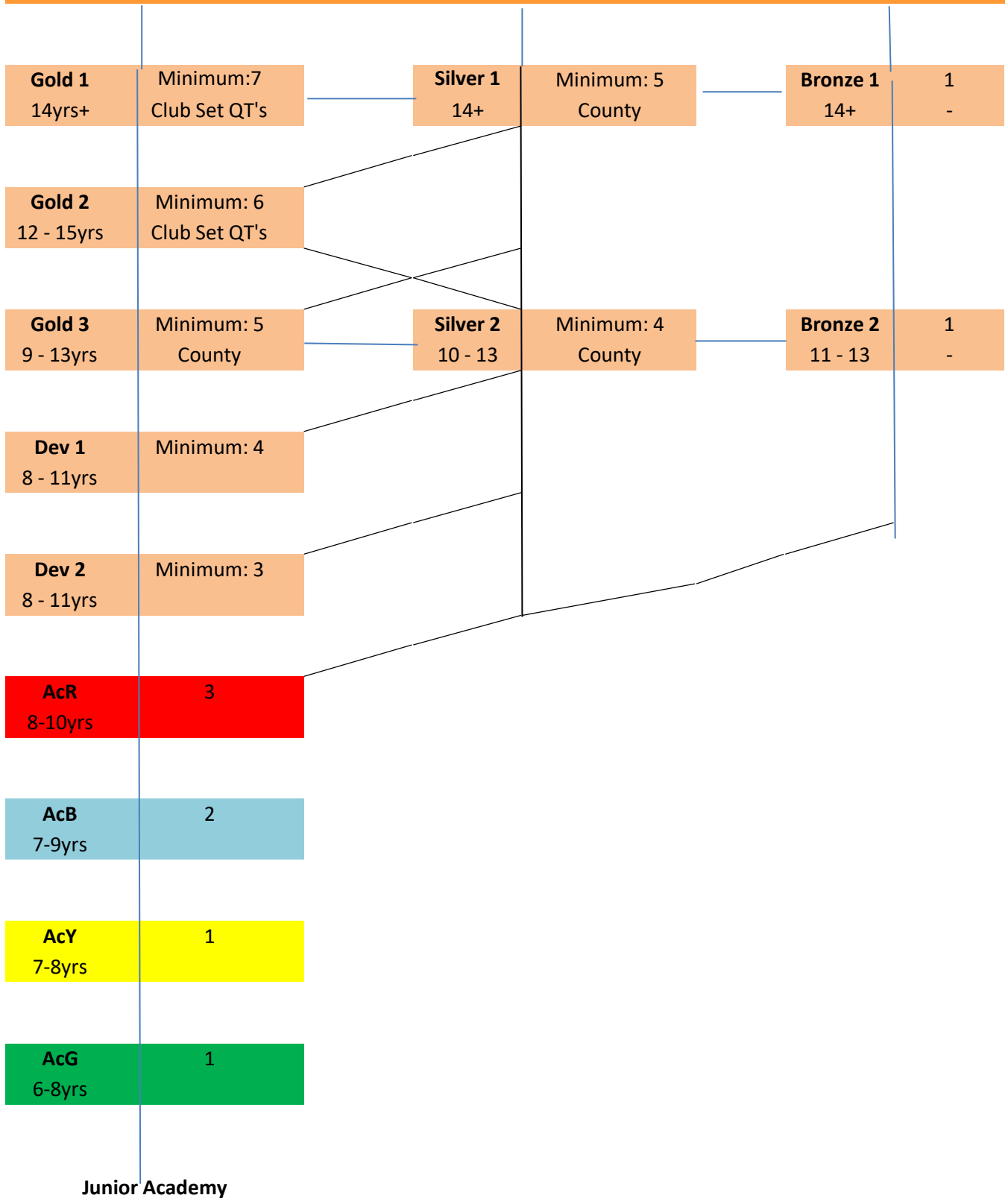


BPSC SQUAD PATHWAY AND QTS

NOVEMBER 2016

BPSC SQUADS - 2016/2017

Masters & Junior Masters





BPSC SQUAD PATHWAY AND QTS

NOVEMBER 2016

GOLD 1 QT's								
GIRLS				EVENT	BOYS			
16yrs+		u/16yrs			16yrs+		u/16yrs	
SC	LC	SC	LC		SC	LC	SC	LC
01:01.0	01:02.5	01:02.0	01:03.5	100FREE	00:57.0	00:58.5	00:59.5	01:01.0
02:13.0	02:16.0	02:15.0	02:18.0	200 FREE	02:02.0	02:05.0	02:09.0	02:12.0
04:43.0	04:49.0	04:46.0	04:51.0	400 FREE	04:24.0	04:30.0	04:30.0	04:36.0
09:55.0	10:00.0	10:02.0	10:06.0	800 FREE				
				1500 FREE	17:48.0	18:10.0	18:10.0	18:32.0
01:08.0	01:09.5	01:09.0	01:10.5	100 BACK	01:04.0	01:05.5	01:07.0	01:08.5
02:27.0	02:30.0	02:29.0	02:32.0	200 BACK	02:17.0	02:20.0	02:24.0	02:27.0
01:17.0	01:18.5	01:18.0	01:19.5	100 BREAST	01:10.5	01:12.0	01:12.0	01:13.5
02:50.0	02:53.0	02:51.0	02:54.0	200 BREAST	02:30.0	02:33.0	02:37.0	02:40.0
01:08.0	01:09.5	01:09.0	01:10.5	100 FLY	01:01.0	01:02.5	01:03.5	01:05.0
02:30.0	02:33.0	02:31.5	02:34.5	200 FLY	02:17.0	02:20.0	02:22.0	02:25.0
02:30.0	02:33.0	02:31.0	02:34.0	200 IM	02:20.0	02:23.0	02:24.0	02:27.0
05:20.0	05:26.0	05:25.0	05:31.0	400 IM	05:00.0	05:06.0	05:15.0	05:21.0

GOLD 2 QT's				
GIRLS		EVENT	BOYS	
SC	LC		SC	LC
01:07.5	01:09.0	100FREE	01:04.5	01:06.0
02:28.0	02:31.0	200 FREE	02:22.0	02:25.0
05:19.0	05:25.0	400 FREE	05:14.0	05:20.0
11:00.0	11:12.0	800 FREE		
		1500 FREE	20:00.0	20:22.0
01:15.0	01:17.0	100 BACK	01:13.0	01:15.0
02:40.0	02:44.0	200 BACK	02:35.0	02:40.0
01:31.5	01:34.0	100 BREAST	01:30.0	01:33.0
03:12.0	03:16.0	200 BREAST	03:10.0	03:14.0
01:16.0	01:18.0	100 FLY	01:13.5	01:15.0
02:41.0	02:45.0	200 FLY	02:41.0	02:45.0
02:39.0	02:43.0	200 IM	02:34.0	02:38.0
05:39.0	05:45.0	400 IM	05:34.0	05:40.0

Please note: Achieving a Gold 1 or Gold 2 Squad QT does not mean an automatic entry into the squad