



# Gala Report

11<sup>th</sup> April 2016

## British Masters and Senior Age Group Championships 2016

On the weekend of 2nd, 3rd, 4th April two of BPSC Masters swimmers made the first foray of their busy coming few weeks of competition by heading up to Sheffield Ponds Forge for the British Masters Championships.

**Clare Boston** started well with the 100fly in 1.22.91 a new PB and 6th place in her age group. She followed this by 50fc in 31.22s and a 7th place.

**Anna Meggitt** swam the 100fly for the first time and recorded 1.13.33 and a 6th place. Again her 50fc was outstanding in 28.76s, only 0.28s off first place. Please note younger swimmers, this meet was long course so super times I think you will agree!

The 50 fly the next day was the day the ladies smashed their previous PB's. Clare 31.96s (was previously 34.12), and Anna 25.29s (was previously 35.39).

The last event was the 100fc Clare 1.10.81 to secure yet another top ten place. And Anna, 1.02.68 narrowly missing a medal.

Well done ladies. Next stop is the **European championships** in Stratford where, for those of you who are not aware, we have no less than **Ten** swimmers from our Masters section going.

*Sue Humphries – Masters Coach  
Basildon & Phoenix Swimming Club*

*If you are interested in Masters swimming whether for fitness or competition (competitive age groups go all the way up to age 85 and above!), please contact our Masters coach **Sue Humphries** at [masters@phoenixbasildonsc.org](mailto:masters@phoenixbasildonsc.org). You don't have to be a competitive swimmer and you don't have to be able to swim Butterfly!*

*Further details of Basildon & Phoenix Swimming club achievements as well as development opportunities for competitive swimmers, can be found on the web at [www.phoenixbasildonsc.org](http://www.phoenixbasildonsc.org) or by email at [info@phoenixbasildonsc.org](mailto:info@phoenixbasildonsc.org).*