

2012 Basildon Autumn Short Course Meet

License Number 3ER2625

at Basildon Sporting Village
Sessions - 1-4

EVENT 1 Boys Open 400m Freestyle

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Harry MENDEL		9 London Borough of Redbridge SC	6:07.72
	50m 42.05	100m -	150m 2:15.40 200m -	250m 3:51.39 300m - 350m 5:25.54 400m 6:07.72
2	Jake PILKINGTON		9 Runnymede SC	6:41.91
	50m 42.17	100m -	150m 2:23.56 200m -	250m 4:08.38 300m - 350m 5:54.51 400m 6:41.91

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Pratham SHETTY		10 Runnymede SC	6:09.00
	50m 40.13	100m -	150m 2:13.37 200m -	250m 3:47.60 300m - 350m 5:24.20 400m 6:09.00

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	5:12.24
	50m 35.93	100m -	150m 1:54.09 200m -	250m 3:13.55 300m - 350m 4:33.66 400m 5:12.24
2	Daniel KEIR		11 Bor of Waltham Forest (Gators)	5:39.03
	50m 36.94	100m -	150m 2:03.52 200m -	250m 3:28.99 300m - 350m 4:55.60 400m 5:39.03
3	Samuel SEYOUM		11 London Borough of Redbridge SC	6:02.41
	50m 39.52	100m -	150m 2:10.11 200m -	250m 3:44.83 300m - 350m 5:18.23 400m 6:02.41

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Harry NICHOLLS		12 Basildon and Phoenix SC	4:53.76
	50m 32.99	100m -	150m 1:46.44 200m -	250m 3:01.25 300m - 350m 4:16.82 400m 4:53.76
2	Haydn GOOD		12 Southend on Sea SC	5:02.59
	50m 34.79	100m -	150m 1:50.89 200m -	250m 3:08.48 300m - 350m 4:25.25 400m 5:02.59
3	Dermot O'DOHERTY		12 Basildon and Phoenix SC	5:09.42
	50m 35.12	100m -	150m 1:55.14 200m -	250m 3:14.52 300m - 350m 4:33.11 400m 5:09.42
4	Vincent MELO PEET		12 Basildon and Phoenix SC	5:14.76
	50m 34.90	100m -	150m 1:52.22 200m -	250m 3:13.93 300m - 350m 4:35.58 400m 5:14.76

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Bradley VEITCH		13 Harlow Penguin SC	4:30.85
	50m 30.30	100m -	150m 1:37.71 200m -	250m 2:47.52 300m - 350m 3:57.55 400m 4:30.85
2	Esteban MARMOLEJO		13 Bor of Waltham Forest (Gators)	4:33.68
	50m 31.09	100m -	150m 1:40.00 200m -	250m 2:49.69 300m - 350m 4:00.40 400m 4:33.68
3	Lewis COOPER		13 Basildon and Phoenix SC	4:38.46
	50m 31.90	100m -	150m 1:42.37 200m -	250m 2:53.49 300m - 350m 4:04.46 400m 4:38.46
4	Aaron CLARKE		13 Basildon and Phoenix SC	4:59.93
	50m 33.32	100m -	150m 1:48.27 200m -	250m 3:05.17 300m - 350m 4:22.19 400m 4:59.93
5	Joshua FOWLES		13 Witham Dolphins SC	5:05.80
	50m 33.54	100m -	150m 1:50.10 200m -	250m 3:08.75 300m - 350m 4:27.78 400m 5:05.80
6	Aaron BEARWISH		13 Basildon and Phoenix SC	5:09.93
	50m 34.44	100m -	150m 1:53.73 200m -	250m 3:13.09 300m - 350m 4:32.26 400m 5:09.93

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Salaam MOTIN		14 Basildon and Phoenix SC	4:33.44
	50m 31.86	100m -	150m 1:40.31 200m -	250m 2:49.82 300m - 350m 3:59.73 400m 4:33.44
2	James NEALE		14 Basildon and Phoenix SC	4:42.18
	50m 29.38	100m -	150m 1:39.21 200m -	250m 2:52.11 300m - 350m 4:07.37 400m 4:42.18
3	Ashley CLARKE		14 Basildon and Phoenix SC	4:45.02
	50m 32.39	100m -	150m 1:44.02 200m -	250m 2:56.24 300m - 350m 4:09.08 400m 4:45.02
4	Kalaam MOTIN		14 Basildon and Phoenix SC	4:47.98
	50m 32.03	100m -	150m 1:45.00 200m -	250m 2:59.06 300m - 350m 4:13.35 400m 4:47.98
5	THOMAS BADLEY		14 Havering Dolphins	4:54.02
	50m 32.21	100m -	150m 1:45.44 200m -	250m 3:00.99 300m - 350m 4:17.54 400m 4:54.02

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1	Bradley CLARKE		16 Basildon and Phoenix SC	4:19.01
	50m 28.79	100m -	150m 1:32.62 200m -	250m 2:38.93 300m - 350m 3:45.90 400m 4:19.01
2	Harvey BROWN		15 Basildon and Phoenix SC	4:24.68
	50m 29.38	100m -	150m 1:34.65 200m -	250m 2:42.65 300m - 350m 3:52.33 400m 4:24.68
3	Aidan ROBINSON		15 Basildon and Phoenix SC	4:27.98
	50m 29.64	100m -	150m 1:35.78 200m -	250m 2:44.10 300m - 350m 3:53.59 400m 4:27.98
4	Gareth HAWKINS		16 Thurrock Swimming Club	4:31.59
	50m 28.26	100m -	150m 1:33.38 200m -	250m 2:42.66 300m - 350m 3:55.05 400m 4:31.59
5	Denis MELCIU		17 Newham & UEL Swimming Club	4:35.01
	50m 30.65	100m -	150m 1:38.63 200m -	250m 2:48.85 300m - 350m 3:59.57 400m 4:35.01
6	Fraser BARCLAY		15 Epping Forest Dist. SC	4:37.86
	50m 31.13	100m -	150m 1:40.42 200m -	250m 2:50.42 300m - 350m 4:03.00 400m 4:37.86
7	Billy MAYNARD		15 Southend on Sea SC	4:40.59

6	Tommy GRANT		14 Southend on Sea SC	2:55.90	38.73	1:24.10	2:17.35
15 Yrs/Over Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Elliott HILL		18 Bor of Waltham Forest (Gators)	2:18.85	29.6	1:05.42	1:48.47
2	Bradley CLARKE		16 Basildon and Phoenix SC	2:19.14	31.24	1:07.71	1:48.49
3	Rory GEOGHEGAN		16 Brentwood SC	2:22.51	29.79	1:06.70	1:48.37
4	Wesley BRAME		15 Brentwood SC	2:24.41	30.01	1:08.34	1:51.55
5	Daniel LEE		16 Basildon and Phoenix SC	2:27.52	31.5	1:10.63	1:55.53
6	Aiden ROBINSON		16 Killerwhales SC (Havering)	2:34.00	32.37	1:12.74	1:59.08
7	Christian GRAY		15 Runnymede SC	2:34.89	35.11	1:14.55	2:00.68
8	Luke BROWN		17 Dunmow Atlantis SC	2:42.62	35.92	1:19.21	2:07.42
9	Joao MELO PEET		15 Basildon and Phoenix SC	2:49.40	36.91	1:19.89	2:13.66
EVENT 4 Girls Open 200m Freestyle							
09 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Tessa O'DOHERTY		9 Basildon and Phoenix SC	3:17.82	43.92	1:36.11	2:27.65
2	Mia JONES		9 Basildon and Phoenix SC	3:17.94	44.68	1:35.63	-
3	Olivia ROBERTS		9 London Borough of Redbridge SC	3:18.32	42.28	1:34.13	2:25.67
	Abbie MORTIMER-FORD		9 Maldon Sharks Swimming Club	DNC			
	Tianna JONES		9 Newham & UEL Swimming Club	DNC			
10 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Isabelle MARSHALL		10 Basildon and Phoenix SC	2:45.31	38.16	1:20.53	2:04.26
2	Rebecca WATT		10 Dunmow Atlantis SC	2:45.92	36.79	1:19.51	2:04.23
3	Poppy HOLMES		10 Sevenoaks SC	2:49.95	39.01	1:24.70	2:08.88
4	Ella-Louise KILSBY		10 Basildon and Phoenix SC	2:52.81	38.33	1:22.15	2:07.57
5	Olivia PROPHET		10 Runnymede SC	2:54.93	40.98	1:25.81	2:11.21
6	Amy WOLOSKI		10 Epping Forest Dist. SC	2:58.94	40.21	1:26.10	2:13.42
7	Scarlett MORINE		10 Basildon and Phoenix SC	3:04.14	39.84	1:28.95	2:17.86
8	Maisy HAMPTON		10 Runnymede SC	3:05.33	43.25	1:31.59	2:17.21
9	Sasha KEIR		10 Bor of Waltham Forest (Gators)	3:22.04	44.51	1:35.51	2:30.20
	Erin LEE		10 Basildon and Phoenix SC	DQ ST-			
11 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Meghan MAYBANKS		11 Dunmow Atlantis SC	2:29.04	34.24	1:14.16	1:54.13
2	Chelsea CLARKE		11 Basildon and Phoenix SC	2:31.60	35.43	1:14.36	1:53.94
3	Megan KEY		11 Brentwood SC	2:33.83	35.75	1:14.86	1:54.96
4	Ciara TAPPENDEN		11 Basildon and Phoenix SC	2:43.24	37.34	1:19.55	2:02.30
5	Rhianna-Lee PAGAN		11 Bor of Waltham Forest (Gators)	2:44.67	37.7	1:19.98	2:03.37
6	Elizabeth BENTLEY		11 Witham Dolphins SC	3:01.55	40.87	1:27.09	2:14.79
7	Amber JOLLEY		11 Runnymede SC	3:04.56	42.73	1:30.48	2:18.53
8	Caitlin WATSON-DOTCHI		11 Runnymede SC	3:07.16	42.45	1:31.34	2:20.68
9	Lauren HUTSON		11 London Borough of Redbridge SC	3:09.95	42.6	1:32.34	2:21.91
10	Maia MCPHERSON		11 Witham Dolphins SC	3:13.87	43.26	1:32.96	2:23.44
11	Rianna GREY		11 Killerwhales SC (Havering)	3:27.95	44.46	1:38.31	2:33.88
12 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Brooke FROST		12 Basildon and Phoenix SC	2:14.80	31.8	1:06.15	1:40.90
2	Amelia PEDDLE		12 Epping Forest Dist. SC	2:20.39	32.77	1:09.09	1:46.18
3	Eavie MICKLEY		12 Basildon and Phoenix SC	2:25.63	33.38	1:10.78	1:49.16
4	Maisie JONES		12 Basildon and Phoenix SC	2:30.70	34.61	1:12.55	1:52.28
5	Abbie ROBERTS		12 Brentwood SC	2:32.11	34.7	1:13.89	1:54.66
6	Tilly PEARSON		12 Killerwhales SC (Havering)	2:33.52	34.48	1:13.29	1:54.07
7	Rebecca MCDERMOTT		12 Brentwood SC	2:34.89	36.03	1:15.96	1:56.29
8	Elise CLARK		12 Bor of Waltham Forest (Gators)	2:37.07	36.55	1:16.41	1:57.84
9	Lily MAY		12 Basildon and Phoenix SC	2:37.13	35.07	1:14.21	1:56.51
10	Sonia HALILI		12 Bor of Waltham Forest (Gators)	2:39.33	35.46	1:16.63	1:59.80
11	Savannah GRACEY		12 Bor of Waltham Forest (Gators)	2:41.61	36.86	1:17.39	2:00.17
12	Lauren BEADON		12 Basildon and Phoenix SC	2:43.39	37.27	1:19.14	2:02.21
13	Georgia ROBINSON		12 Killerwhales SC (Havering)	2:43.60	37.7	1:19.77	2:03.29
14	Becky KNIGHT		12 Basildon and Phoenix SC	2:45.51	35.52	1:18.03	2:02.53
15	Isobel BANNING		12 Witham Dolphins SC	2:48.77	37.91	1:21.23	2:05.74
16	Madeline FRANKS		12 London Borough of Redbridge SC	2:49.68	36.97	1:21.03	2:07.20
17	Sophie HALL		12 Runnymede SC	3:12.31	42.25	1:32.06	2:24.52
13 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Ruby WILSON		13 Brentwood SC	2:15.53	31.31	1:05.98	1:41.03
2	Ellie MITCHELL		13 Runnymede SC	2:21.09	32.69	1:08.53	1:45.24
3	Jemima WALKER		13 Basildon and Phoenix SC	2:25.70	33.65	1:10.99	1:48.93
4	Lauren COLTON		13 Witham Dolphins SC	2:27.20	34.5	1:11.92	1:49.98
5	Abbey CROUCH		13 Basildon and Phoenix SC	2:27.26	32.91	1:10.20	1:49.09
6	Abby COLTON		13 Witham Dolphins SC	2:27.56	34.79	1:13.18	1:50.91
7	Lillie Houlton		13 Basildon and Phoenix SC	2:28.58	34.38	1:11.99	1:51.06
8	Rebecca MAYBANKS		13 Dunmow Atlantis SC	2:33.65	34.65	1:13.94	1:54.49
9	Rhiannon BAYLEY		13 Southend on Sea SC	2:37.68	36.68	1:16.51	1:57.77
10	Mollie GARRARD		13 Runnymede SC	2:39.92	36.32	1:16.55	1:58.49

	11	Rebecca KING		13	Witham Dolphins SC	2:55.32	39.14	1:24.69	2:12.31
	12	Olivia GREY		13	Killerwhales SC (Havering)	2:59.35	38.61	1:25.74	2:14.88
14 Yrs Age Group - Full Results									
Place		Name	AaD		Club	Time	50	100	150
	1	Rianna SMITH		14	Brentwood SC	2:13.24	31.34	1:05.07	1:39.24
	2	Eva POWER		14	Runnymede SC	2:15.40	31.42	1:05.92	1:40.65
	3	Molly JEROME		14	Basildon and Phoenix SC	2:19.06	32.19	1:08.39	1:44.71
	4	Sarah HENNESSY		14	Newham & UEL Swimming Club	2:22.40	32.92	1:09.61	1:47.02
	5	Liberty GOOD		14	Southend on Sea SC	2:23.36	32.39	1:08.44	1:46.08
	6	Hannah GILLESPIE		14	Epping Forest Dist. SC	2:24.78	34.24	1:11.00	1:48.26
	7	Alex DRYSDALE		14	Basildon and Phoenix SC	2:27.44	32.53	1:09.46	1:48.69
	8	Hope JONES		14	Basildon and Phoenix SC	2:29.63	35.75	1:14.38	1:52.76
	9	Aine GRIFFITHS		14	Basildon and Phoenix SC	2:31.70	34.08	1:12.17	1:52.70
	10	Abigail MARSHALL		14	Basildon and Phoenix SC	2:32.75	35.6	1:15.41	1:55.12
	11	Megan PALMER		14	Basildon and Phoenix SC	2:34.55	35.89	1:14.91	1:55.10
	12	Sarah ELLIS		14	Runnymede SC	2:34.81	35.41	1:14.65	1:55.40
	13	Mollie WILSON		14	Witham Dolphins SC	2:53.61	38.12	1:21.26	2:07.71
15 Yrs/Over Age Group - Full Results									
Place		Name	AaD		Club	Time	50	100	150
	1	Kayleigh UMFREVILLE		15	Basildon and Phoenix SC	2:12.16	30.53	1:04.50	1:38.73
	2	Ellie PIRRIE		15	Basildon and Phoenix SC	2:18.73	31.83	1:06.24	1:41.76
	3	Maisie WEST		16	Basildon and Phoenix SC	2:19.86	33.3	1:10.25	1:45.73
	4	Grace GILROY		15	Brentwood SC	2:20.45	32.24	1:07.86	1:44.53
	5	Amy STAINER		15	Maldon Sharks Swimming Club	2:20.48	32.22	1:08.00	1:45.11
	6	Ekaterina ZOSSIMOVA		16	Newham & UEL Swimming Club	2:22.04	31.08	1:05.74	1:43.07
	7	Georgia PORTER		17	Killerwhales SC (Havering)	2:36.82	34.71	1:13.83	1:55.52
EVENT 5 Boys Open 100m Backstroke									
11 Yrs Age Group - Full Results									
Place		Name	AaD		Club	Time	50		
	1	Lewis BAYLEY		11	Southend on Sea SC	1:23.27	40.73		
	2	Emanuel JOSEPH		11	Bor of Waltham Forest (Gators)	1:25.98	42.13		
	3	David SHREEVE		11	Witham Dolphins SC	1:32.87	45.31		
	4	Zayn AKBAR		11	Bor of Waltham Forest (Gators)	1:33.11	45.66		
	5	Samuel SEYOUM		11	London Borough of Redbridge SC	1:33.93	45.61		
	6	Haashim HAMEED		11	Killerwhales SC (Havering)	1:35.73	45.59		
	7	Joshua PURCHES		11	Runnymede SC	1:43.89	48.64		
12 Yrs Age Group - Full Results									
Place		Name	AaD		Club	Time	50		
	1	Louis SPONG		12	Dunmow Atlantis SC	1:13.52	36.35		
	2	Dermot O'DOHERTY		12	Basildon and Phoenix SC	1:19.46	39.27		
	3	Max DAWSON		12	Basildon and Phoenix SC	1:20.14	38.51		
	4	James BAYLEY		12	Runnymede SC	1:23.17	41.34		
	5	Joseph KILSBY		12	Basildon and Phoenix SC	1:24.83	42.1		
	6	Vincent MELO PEET		12	Basildon and Phoenix SC	1:24.95	41.7		
	7	Matthew CAHILL		12	Basildon and Phoenix SC	1:28.18	42.8		
	8	DANNY GRAY		12	Havering Dolphins	1:28.70	43.66		
	9	Oliver TOTMAN		12	Killerwhales SC (Havering)	1:34.82	46.51		
13 Yrs Age Group - Full Results									
Place		Name	AaD		Club	Time	50		
	1	Lewis COOPER		13	Basildon and Phoenix SC	1:12.20	35.51		
	2	JOSHUA ARNONE		13	Havering Dolphins	1:14.22	34.35		
	3	Callum MARLEY		13	Witham Dolphins SC	1:14.35	36.69		
	4	Jack HARRIS		13	Basildon and Phoenix SC	1:16.36	37.53		
	5	Joshua FOWLES		13	Witham Dolphins SC	1:17.12	36.9		
	6	Alec HUMPHRIES		13	Basildon and Phoenix SC	1:17.34	37.57		
	7	Callum YEO		13	Bor of Waltham Forest (Gators)	1:19.31	38.23		
	8	Aaron BEARWISH		13	Basildon and Phoenix SC	1:21.78	38.91		
	9	Max TAIANI		13	Basildon and Phoenix SC	1:25.82	41.35		
	10	Joshua COOPER		13	Runnymede SC	1:32.85	45.13		
	11	Mathew OATEN		13	Basildon and Phoenix SC	1:36.94	45.04		
	12	Joseph BENTLEY		13	Witham Dolphins SC	1:41.30	47.88		
14 Yrs Age Group - Full Results									
Place		Name	AaD		Club	Time	50		
	1	James NEALE		14	Basildon and Phoenix SC	1:06.23	32.18		
	2	Cengiz KOYUNCU		14	Black Lion SC	1:12.95	34.55		
	3	Daniel ROBINSON		14	Killerwhales SC (Havering)	1:17.53	37.45		
	4	Nathan GREY		14	Killerwhales SC (Havering)	1:23.12	40.42		
	5	Tommy GRANT		14	Southend on Sea SC	1:24.17	41.53		
15 Yrs/Over Age Group - Full Results									
Place		Name	AaD		Club	Time	50		
	1	Harvey BROWN		15	Basildon and Phoenix SC	1:04.15	31.28		
	2	Jack CARTER		17	Southend on Sea SC	1:05.45	31.12		
	3	Elliott HILL		18	Bor of Waltham Forest (Gators)	1:05.57	32.09		
	4	Fraser BARCLAY		15	Epping Forest Dist. SC	1:10.19	33.37		
	5	Billy MAYNARD		15	Southend on Sea SC	1:10.53	33.86		
	6	Aiden ROBINSON		16	Killerwhales SC (Havering)	1:12.28	35.05		

7	Scott MIZON		16 Maldon Sharks Swimming Club	1:13.92	34.91
8	Christian GRAY		15 Runnymede SC	1:15.49	36.27
9	Joao MELO PEET		15 Basildon and Phoenix SC	1:19.05	38.6

EVENT 6 Girls Open 100m Breaststroke

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Aoife MARLEY		10 Witham Dolphins SC	1:44.55	48.1
2	Jade BRAYBROOKE		10 Killerwhales SC (Havering)	1:53.13	54.93
3	Emma RICHARDS		10 London Borough of Redbridge SC	1:53.79	54.4
4	Sasha KEIR		10 Bor of Waltham Forest (Gators)	2:01.38	57.66
	Rebecca DACK		10 Dunmow Atlantis SC	DQ SH-	
	Danielle HARTIN		10 Basildon and Phoenix SC	DQ ST-	

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Meghan MAYBANKS		11 Dunmow Atlantis SC	1:32.51	45.33
2	Anne FYNN		11 Witham Dolphins SC	1:34.21	45.11
3	Bryony UMFREVILLE		11 Basildon and Phoenix SC	1:37.35	44.91
4	Ciara TAPPENDEN		11 Basildon and Phoenix SC	1:42.32	49
5	Francesca BROWN		11 Witham Dolphins SC	1:43.18	48.91
6	LAURA BARHAM		11 Havering Dolphins	1:43.75	48.32
7	Katie MUSGROVE		11 Dunmow Atlantis SC	1:43.86	49.13
8	Amber JOLLEY		11 Runnymede SC	1:45.41	50.39
9	Elizabeth BENTLEY		11 Witham Dolphins SC	1:48.27	50.7
10	Caitlin WATSON-DOTCHI		11 Runnymede SC	1:48.81	51.75
11	Maia MCPHERSON		11 Witham Dolphins SC	1:49.36	52.33
12	Emily GREEN		11 Brentwood SC	1:50.18	53.77
13	Rianna GREY		11 Killerwhales SC (Havering)	2:07.78	59.77
	Lauren HUTSON		11 London Borough of Redbridge SC	DQ ST-	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Megan THOMPSON		12 Basildon and Phoenix SC	1:28.07	42.65
2	Lily MAY		12 Basildon and Phoenix SC	1:28.18	41.58
3	Tilly PEARSON		12 Killerwhales SC (Havering)	1:30.10	42.2
4	Maisie JONES		12 Basildon and Phoenix SC	1:30.40	43.73
5	Abbie ROBERTS		12 Brentwood SC	1:34.24	45.64
6	Bethany RICHARDSON		12 Basildon and Phoenix SC	1:34.68	44.27
7	Georgia ANTONIOU		12 Bor of Waltham Forest (Gators)	1:38.78	48.38
8	Charlotte JORDAN		12 Basildon and Phoenix SC	1:38.80	46.21
9	Becky KNIGHT		12 Basildon and Phoenix SC	1:39.23	47.06
10	Sonia HALILI		12 Bor of Waltham Forest (Gators)	1:41.22	47.95
11	Savannah GRACEY		12 Bor of Waltham Forest (Gators)	1:42.87	48.85
12	Lauren BEADON		12 Basildon and Phoenix SC	1:43.33	49.91
13	Rebecca ROMAIN		12 Dunmow Atlantis SC	1:43.94	49.92
14	Georgia ROBINSON		12 Killerwhales SC (Havering)	1:46.17	50.39
15	Madeline FRANKS		12 London Borough of Redbridge SC	1:46.18	49.3
16	Ella ATTFIELD		12 Brentwood SC	1:49.10	51.04
17	Evlin SERVIS		12 Basildon and Phoenix SC	1:52.01	53.38
18	Sophie HALL		12 Runnymede SC	2:07.02	58.07

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Dina DAY		13 Runnymede SC	1:26.10	41.22
2	Ellie MITCHELL		13 Runnymede SC	1:29.53	42.22
3	Mollie GARRARD		13 Runnymede SC	1:31.32	43.04
4	Jemima WALKER		13 Basildon and Phoenix SC	1:33.92	44.54
5	Lillie HOULTON		13 Basildon and Phoenix SC	1:37.56	46.64

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Rianna SMITH		14 Brentwood SC	1:19.75	38.01
2	EMILY ROWELL		14 Havering Dolphins	1:31.67	43.37
3	Megan PALMER		14 Basildon and Phoenix SC	1:35.27	45.86
4	Aine GRIFFITHS		14 Basildon and Phoenix SC	1:36.16	45.46
5	Mollie WILSON		14 Witham Dolphins SC	1:48.66	49.72

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Grace GILROY		15 Brentwood SC	1:18.47	37.33
2	Poppy HILL		17 Bor of Waltham Forest (Gators)	1:21.28	37.8
3	Molly GILES		15 Basildon and Phoenix SC	1:22.02	38.78
4	Kayleigh UMFREVILLE		15 Basildon and Phoenix SC	1:23.79	40.02
5	Mikeala GORE		15 Witham Dolphins SC	1:24.05	39.11
6	Alexa FOSTER-CARTER		15 Borough of Southend SC	1:24.78	40.02
7	Charlotte HARTIN		16 Basildon and Phoenix SC	1:25.84	40.8
8	Hope OLOYE		15 Newham & UEL Swimming Club	1:29.49	42.81
9	Emily HAWNEY		15 Basildon and Phoenix SC	1:34.54	43.6

EVENT 7 Boys Open 50m Freestyle

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
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	1 Henry FERRIES		9 Basildon and Phoenix SC	36.94
	2 Jake PILKINGTON		9 Runnymede SC	37.64
	3 Christopher BEBBINGTON		9 Killerwhales SC (Havering)	41.75
	4 Luke BISHOP		9 Killerwhales SC (Havering)	42.2
	5 Christopher STEPHENS		9 Brentwood SC	48.51
	Oliver WHITNEY		9 Southend on Sea SC	DQ T-
10 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 Drew CLARK		10 Bor of Waltham Forest (Gators)	34.87
	2 Samuel DACK		10 Dunmow Atlantis SC	35.28
	3 Mason HUNNISETT		10 Basildon and Phoenix SC	36.8
	4 Pratham SHETTY		10 Runnymede SC	36.96
	5 Kian PANYANDEE		10 Newham & UEL Swimming Club	38.28
	6 Benjamin HARVEY		10 Basildon and Phoenix SC	38.94
	7 Ben PARADISE		10 Basildon and Phoenix SC	39.29
	8 Oliver LEGON		10 Basildon and Phoenix SC	39.67
	9 Jamie SPONG		10 Dunmow Atlantis SC	40.1
	10 Ben GIBSON		10 Brentwood SC	40.57
	11 Joe TAIANI		10 Basildon and Phoenix SC	41.31
	12 Benjamin GOTTS		10 Witham Dolphins SC	41.53
	13 Christopher DIXON		10 Brentwood SC	43.59
11 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 Adam HAROUMA		11 Newham & UEL Swimming Club	32.09
	2 Samuel GRIFFITHS		11 Southend on Sea SC	32.35
	3 Lewis BAYLEY		11 Southend on Sea SC	34.07
	4 Joseph LANE		11 Maldon Sharks Swimming Club	34.77
	5 Daniel KEIR		11 Bor of Waltham Forest (Gators)	34.97
	6 Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	35.17
	7 Samuel SEYOUM		11 London Borough of Redbridge SC	37.01
	8 David SHREEVE		11 Witham Dolphins SC	37.56
	9 Calvin GOWERS		11 Killerwhales SC (Havering)	39.88
	10 Joshua PURCHES		11 Runnymede SC	40.12
	11 Haashim HAMEED		11 Killerwhales SC (Havering)	40.31
	12 Freddie PEARSON		11 Killerwhales SC (Havering)	41.63
	13 Elliott PEARSON		11 Killerwhales SC (Havering)	43.91
	14 Jack WILSON		11 Witham Dolphins SC	45.13
12 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 James BAYLEY		12 Runnymede SC	31.77
	2 Vincent MELO PEET		12 Basildon and Phoenix SC	31.89
	3 Max DAWSON		12 Basildon and Phoenix SC	32.13
	4 Joseph KILSBY		12 Basildon and Phoenix SC	33.24
	5 DANNY GRAY		12 Havering Dolphins	33.48
	6 Mason TURVEY		12 Basildon and Phoenix SC	33.97
	7 Matthew CAHILL		12 Basildon and Phoenix SC	37.06
	8 Adam CLUTTERBUCK		12 Dunmow Atlantis SC	37.61
	9 Oliver TOTMAN		12 Killerwhales SC (Havering)	38.48
13 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 JOSHUA ARNONE		13 Havering Dolphins	28.32
	2 Callum MARLEY		13 Witham Dolphins SC	29.69
	3 Louis BAXTER		13 Newham & UEL Swimming Club	30.9
	4 Kieran BARBERO		13 Basildon and Phoenix SC	31.05
	5 NEDAS MALIAUSKAS		13 Newham & UEL Swimming Club	31.2
	6 Callum YEO		13 Bor of Waltham Forest (Gators)	31.25
	7 Aaron BEARWISH		13 Basildon and Phoenix SC	31.9
	8 Alec HUMPHRIES		13 Basildon and Phoenix SC	31.91
	9 Joshua FOWLES		13 Witham Dolphins SC	31.94
	10 Joseph VINTON		13 Runnymede SC	32.5
	11 Mathew OATEN		13 Basildon and Phoenix SC	32.65
	12 Jack HARRIS		13 Basildon and Phoenix SC	32.95
	13 Max TAIANI		13 Basildon and Phoenix SC	33.95
	14 Joshua COOPER		13 Runnymede SC	34.89
	15 Joseph BENTLEY		13 Witham Dolphins SC	35.47
	15 Christy KRASNIQI		13 Newham & UEL Swimming Club	35.47
14 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 Daniel ROBINSON		14 Killerwhales SC (Havering)	27.94
	2 Charlie FINK		14 Newham & UEL Swimming Club	28.36
	3 Kalaam MOTIN		14 Basildon and Phoenix SC	29.09
	4 THOMAS BADLEY		14 Havering Dolphins	29.75
	5 Tommy GRANT		14 Southend on Sea SC	30.85
	6 Nathan GREY		14 Killerwhales SC (Havering)	32.15
15 Yrs/Over Age Group - Full Results				
Place	Name	AaD	Club	Time

1	Russell BECK	15 Borough of Southend SC	25.84
2	Billy TAPSELL-MCAVOY	20 Newham & UEL Swimming Club	25.85
3	Harvey BROWN	15 Basildon and Phoenix SC	25.9
4	Jamie MCLAUGHLIN	15 Dunmow Atlantis SC	25.92
5	Gareth HAWKINS	16 Thurrock Swimming Club	26.16
6	Rory GEOGHEGAN	16 Brentwood SC	26.66
7	Aiden ROBINSON	16 Killerwhales SC (Havering)	27.06
8	Hamish YOUNG	15 Basildon and Phoenix SC	27.68
9	Alex GARRETT	16 Maldon Sharks Swimming Club	27.8
10	Christian GRAY	15 Runnymede SC	27.96
11	Daniel LEE	16 Basildon and Phoenix SC	28.06
12	George SIMMONS	15 Dunmow Atlantis SC	28.21
13	Matthew DIBBLE	20 Basildon and Phoenix SC	28.53
13	Matthew MCLAUGHLIN	18 Dunmow Atlantis SC	28.53
15	Samuel BROWN	15 Dunmow Atlantis SC	28.71
16	Luke BROWN	17 Dunmow Atlantis SC	29.2
17	Joshua TOTMAN	16 Killerwhales SC (Havering)	29.94
17	Scott MIZON	16 Maldon Sharks Swimming Club	29.94
19	Joao MELO PEET	15 Basildon and Phoenix SC	29.95
20	MATTHEW BARHAM	15 Havering Dolphins	30.24
21	SEAN SEVANT	15 Havering Dolphins	30.89
22	Erid HADERAJ	15 Newham & UEL Swimming Club	30.98

EVENT 8 Girls Open 50m Butterfly

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Hannah LOGAN		9 Basildon and Phoenix SC	49.15
2	Olivia ROBERTS		9 London Borough of Redbridge SC	50.4
3	Tessa O'DOHERTY		9 Basildon and Phoenix SC	55.76
4	Jasmine WOOD		9 Witham Dolphins SC	57

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Isabelle MARSHALL		10 Basildon and Phoenix SC	40
2	Ella-Louise KILSBY		10 Basildon and Phoenix SC	40.31
3	Erin LEE		10 Basildon and Phoenix SC	42.57
4	Rebecca WATT		10 Dunmow Atlantis SC	42.7
5	Rebecca STROUD		10 Brentwood SC	44.86
6	Scarlett MORINE		10 Basildon and Phoenix SC	45.69
7	Olivia PROPHET		10 Runnymede SC	45.75
8	Emma RICHARDS		10 London Borough of Redbridge SC	45.77
9	Aoife MARLEY		10 Witham Dolphins SC	46.91
10	Anastasia FABIAN		10 London Borough of Redbridge SC	47.18
11	Maisy HAMPTON		10 Runnymede SC	53.36
12	Sasha KEIR		10 Bor of Waltham Forest (Gators)	56.66

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Anne FYNN		11 Witham Dolphins SC	37.15
2	Bryony UMFREVILLE		11 Basildon and Phoenix SC	37.57
3	Megan KEY		11 Brentwood SC	39.12
4	Meghan MAYBANKS		11 Dunmow Atlantis SC	39.49
5	LAURA BARHAM		11 Havering Dolphins	41.86
6	Rhianna-Lee PAGAN		11 Bor of Waltham Forest (Gators)	44.32
7	Elizabeth BENTLEY		11 Witham Dolphins SC	47.18
8	Amber JOLLEY		11 Runnymede SC	48.29
9	Maia MCPHERSON		11 Witham Dolphins SC	50.07
10	Caitlin WATSON-DOTCHI		11 Runnymede SC	51.12
11	Lauren HUTSON		11 London Borough of Redbridge SC	55.16

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Emily EASTON		12 Witham Dolphins SC	34.18
2	Rebecca MCDERMOTT		12 Brentwood SC	37.17
3	Eavie MICKLEY		12 Basildon and Phoenix SC	37.95
4	Savannah GRACEY		12 Bor of Waltham Forest (Gators)	38.49
5	Charlotte JORDAN		12 Basildon and Phoenix SC	39.02
6	Megan THOMPSON		12 Basildon and Phoenix SC	39.78
7	Abbie ROBERTS		12 Brentwood SC	40.25
8	Sonia HALILI		12 Bor of Waltham Forest (Gators)	40.9
9	Tilly PEARSON		12 Killerwhales SC (Havering)	41.33
10	Mason JOHNSON-SHARP		12 Newham & UEL Swimming Club	41.89
11	Evlín SERVIS		12 Basildon and Phoenix SC	42.08
12	Courtney COSSINGTON		12 Newham & UEL Swimming Club	44.55
13	Isobel BANNING		12 Witham Dolphins SC	45.14
14	Georgia ROBINSON		12 Killerwhales SC (Havering)	45.29
15	Georgia ANTONIOU		12 Bor of Waltham Forest (Gators)	46.41
16	Madeline FRANKS		12 London Borough of Redbridge SC	48.37

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
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1	Dina DAY	13 Runnymede SC	33.06
2	Rebecca MAYBANKS	13 Dunmow Atlantis SC	35.82
3	Abbey CROUCH	13 Basildon and Phoenix SC	36.12
4	Mollie GARRARD	13 Runnymede SC	37.25
5	Lillie HOULTON	13 Basildon and Phoenix SC	38.22
6	Rebecca KING	13 Witham Dolphins SC	43.14

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Molly JEROME		14 Basildon and Phoenix SC	32.24
2	Eva POWER		14 Runnymede SC	32.98
3	Rianna SMITH		14 Brentwood SC	33.07
4	Lois WYATT		14 Brentwood SC	33.62
5	Sarah HENNESSY		14 Newham & UEL Swimming Club	34.27
6	Kirsty FEHILY		14 Brentwood SC	34.92
7	Sarah ELLIS		14 Runnymede SC	35.15
8	Alex DRYSDALE		14 Basildon and Phoenix SC	35.22
9	EMILY ROWELL		14 Havering Dolphins	35.61
10	Millie AMOS		14 Southend on Sea SC	35.65
11	Aine GRIFFITHS		14 Basildon and Phoenix SC	40.98

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1	Ellie PIRRIE		15 Basildon and Phoenix SC	31.46
2	Poppy HILL		17 Bor of Waltham Forest (Gators)	32.41
3	Molly GILES		15 Basildon and Phoenix SC	32.42
4	Ekaterina ZOSSIMOVA		16 Newham & UEL Swimming Club	32.8
5	Alexa FOSTER-CARTER		15 Borough of Southend SC	33.38
6	Grace GILROY		15 Brentwood SC	34.12
7	Amy STAINER		15 Maldon Sharks Swimming Club	34.3
8	Gemma MIZON		19 Maldon Sharks Swimming Club	34.49
9	Abigail LEE		16 Basildon and Phoenix SC	34.76
10	Megan JONES		15 Basildon and Phoenix SC	35.94
11	Emily HAWNEY		15 Basildon and Phoenix SC	37.88
12	Georgia PORTER		17 Killerwhales SC (Havering)	39.42

EVENT 9 Boys Open 200m Butterfly

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Splits		
					50	100	150
1	Drew CLARK		10 Bor of Waltham Forest (Gators)	3:06.82	41.79	1:30.07	2:19.95

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1	Vincent MELO PEET		12 Basildon and Phoenix SC	3:09.77	39.93	1:27.54	2:19.48
	Mason TURVEY		12 Basildon and Phoenix SC	DQ SA-			

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1	Esteban MARMOLEJO		13 Bor of Waltham Forest (Gators)	2:34.70	34.36	1:14.29	1:54.94
2	Lewis COOPER		13 Basildon and Phoenix SC	2:35.60	-	1:14.88	1:56.90
3	Aaron CLARKE		13 Basildon and Phoenix SC	2:50.05	37.76	1:21.89	2:06.23

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1	Cengiz KOYUNCU		14 Black Lion SC	2:43.00	35.15	1:17.91	2:01.71
2	Daniel THOMPSON		14 Basildon and Phoenix SC	2:50.27	36.28	1:17.92	2:04.69

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1	Aidan ROBINSON		15 Basildon and Phoenix SC	2:19.45	30.31	1:05.75	1:42.01
2	Russell BECK		15 Borough of Southend SC	2:28.05	31.21	1:08.38	1:48.00
3	Wesley BRAME		15 Brentwood SC	2:33.51	31.44	1:09.55	1:51.06
4	Joshua TOTMAN		16 Killerwhales SC (Havering)	3:10.37	39.5	1:28.69	2:20.55
	Joao MELO PEET		15 Basildon and Phoenix SC	DNC			

EVENT 10 Boys Open 200m Backstroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1	Harry MENDEL		9 London Borough of Redbridge SC	3:14.93	46.76	1:36.96	2:28.61
2	Jake PILKINGTON		9 Runnymede SC	3:29.40	48.91	1:42.46	2:36.85
3	Thomas SAUVERY HINES		9 Basildon and Phoenix SC	3:39.25	53.11	1:47.41	2:43.54

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1	Drew CLARK		10 Bor of Waltham Forest (Gators)	3:11.66	47.25	1:36.04	2:24.68
2	Pratham SHETTY		10 Runnymede SC	3:14.60	47.04	1:36.62	2:26.77
3	Mason HUNNISETT		10 Basildon and Phoenix SC	3:23.41	48.16	1:40.26	2:33.45
4	Ben GIBSON		10 Brentwood SC	3:24.60	46.75	1:39.43	2:32.73
5	Oliver LEGON		10 Basildon and Phoenix SC	3:39.25	51.93	1:46.95	2:44.84

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1	Lewis BAYLEY		11 Southend on Sea SC	2:52.93	41.28	1:25.69	2:10.23
2	Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	2:55.23	42.86	1:27.65	2:12.09
3	Zayn AKBAR		11 Bor of Waltham Forest (Gators)	3:13.03	-	1:35.59	2:24.49
4	David SHREEVE		11 Witham Dolphins SC	3:15.33	45.42	-	2:28.61

5	Samuel SEYOUM		11 London Borough of Redbridge SC	3:19.62	46.97	1:38.31	2:30.60
12 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Harry NICHOLLS		12 Basildon and Phoenix SC	2:35.34	37.2	1:16.68	1:56.84
2	Louis SPONG		12 Dunmow Atlantis SC	2:38.55	37.84	1:19.59	2:00.51
3	Joseph KILSBY		12 Basildon and Phoenix SC	2:57.48	42.89	1:28.27	2:14.39
	Vincent MELO PEET		12 Basildon and Phoenix SC	DNC			
	Dermot O'DOHERTY		12 Basildon and Phoenix SC	DNC			
13 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Esteban MARMOLEJO		13 Bor of Waltham Forest (Gators)	2:27.13	35.1	1:12.71	1:50.64
2	JOSHUA ARNONE		13 Havering Dolphins	2:41.43	36.72	1:19.24	2:01.82
3	Aaron CLARKE		13 Basildon and Phoenix SC	2:43.46	39.04	1:20.58	2:02.30
4	Kieran BARBERO		13 Basildon and Phoenix SC	2:44.70	38.67	1:20.57	2:03.37
5	Aaron BEARWISH		13 Basildon and Phoenix SC	2:49.83	39.58	1:23.78	2:07.25
6	Joshua FOWLES		13 Witham Dolphins SC	2:51.90	39.6	1:22.66	2:07.24
7	Jake RAWLINGS		13 Epping Forest Dist. SC	3:09.40	44.35	1:31.41	2:21.19
14 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Ashley CLARKE		14 Basildon and Phoenix SC	2:29.97	35.4	1:13.13	1:51.65
2	Cengiz KOYUNCU		14 Black Lion SC	2:38.91	36.36	1:17.81	1:59.72
3	Nathan GREY		14 Killerwhales SC (Havering)	2:54.82	40.75	1:26.86	2:12.49
15 Yrs/Over Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Aidan ROBINSON		15 Basildon and Phoenix SC	2:18.15	32.83	1:08.06	1:43.98
2	Harvey BROWN		15 Basildon and Phoenix SC	2:19.08	32.59	1:08.89	1:45.11
3	Bradley CLARKE		16 Basildon and Phoenix SC	2:23.79	33.04	1:08.03	1:45.37
4	Wesley BRAME		15 Brentwood SC	2:27.78	34.33	1:12.43	1:50.40
5	Fraser BARCLAY		15 Epping Forest Dist. SC	2:30.82	35.16	1:13.26	1:52.71
	Joao MELO PEET		15 Basildon and Phoenix SC	DNC			
	Gareth HAWKINS		16 Thurrock Swimming Club	DNC			
EVENT 11 Girls Open 200m IM							
09 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Olivia ROBERTS		9 London Borough of Redbridge SC	3:40.63	52.31	1:48.24	2:53.12
2	Tessa O'DOHERTY		9 Basildon and Phoenix SC	3:49.25	1:00.03	1:55.52	-
3	Mia JONES		9 Basildon and Phoenix SC	3:53.34	59.12	1:58.42	3:01.83
10 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Ella-Louise KILSBY		10 Basildon and Phoenix SC	3:07.61	41.58	1:28.86	2:24.26
2	Rebecca WATT		10 Dunmow Atlantis SC	3:13.25	45.57	1:32.77	2:30.99
3	Olivia PROPHET		10 Runnymede SC	3:14.64	47.19	1:32.31	2:30.98
4	Danielle HARTIN		10 Basildon and Phoenix SC	3:17.55	46.8	1:37.88	2:33.70
5	Scarlett MORINE		10 Basildon and Phoenix SC	3:34.54	50.25	1:42.36	2:48.97
6	Maisy HAMPTON		10 Runnymede SC	3:34.73	54.33	1:46.05	2:49.62
11 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Chelsea CLARKE		11 Basildon and Phoenix SC	2:54.72	40.06	1:25.36	2:16.66
2	Megan KEY		11 Brentwood SC	3:04.47	42.11	1:29.50	2:22.76
3	Rhianna-Lee PAGAN		11 Bor of Waltham Forest (Gators)	3:06.54	43.89	1:31.77	2:28.53
4	Amber JOLLEY		11 Runnymede SC	3:28.29	51.86	1:44.74	2:39.93
12 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Eavie MICKLEY		12 Basildon and Phoenix SC	2:50.06	40.14	1:23.75	2:14.43
2	Rebecca MCDERMOTT		12 Brentwood SC	2:52.44	38.6	1:22.66	-
3	Lily MAY		12 Basildon and Phoenix SC	2:55.03	40.13	1:27.11	2:16.62
4	Georgia ROBINSON		12 Killerwhales SC (Havering)	3:13.48	46.44	1:34.55	-
5	Georgia ANTONIOU		12 Bor of Waltham Forest (Gators)	3:14.41	49.04	1:36.45	2:31.90
6	Madeline FRANKS		12 London Borough of Redbridge SC	3:19.33	50.86	1:39.49	2:37.41
7	Isobel BANNING		12 Witham Dolphins SC	3:22.75	47.2	1:38.08	2:38.61
	Bethany RICHARDSON		12 Basildon and Phoenix SC	DNC			
13 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Ruby WILSON		13 Brentwood SC	2:30.44	33.9	1:11.41	1:56.17
2	Lauren COLTON		13 Witham Dolphins SC	2:44.54	36.66	1:19.89	2:07.52
3	Dina DAY		13 Runnymede SC	2:44.92	35.14	1:17.58	2:06.23
4	Abby COLTON		13 Witham Dolphins SC	2:45.47	38.1	1:20.11	2:08.42
5	Zoe BRADLEY		13 Southend on Sea SC	2:46.99	37.27	1:19.62	2:08.36
6	Ellie MITCHELL		13 Runnymede SC	2:48.21	-	-	-
7	Jemima WALKER		13 Basildon and Phoenix SC	2:51.82	39.9	1:23.11	2:13.90
8	Lillie HOULTON		13 Basildon and Phoenix SC	2:53.06	39.93	1:25.29	2:16.75
9	Mollie GARRARD		13 Runnymede SC	2:56.06	39.3	1:26.80	2:15.03
10	Rebecca KING		13 Witham Dolphins SC	3:22.76	46.84	1:36.81	2:38.01
	Abigail HART		13 Dunmow Atlantis SC	DQ T-			
14 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150

	1 Eva POWER		14 Runnymede SC	2:36.95	34.57	1:15.37	2:01.86
	2 Tia COLBY		14 Borough of Southend SC	2:40.24	34.65	1:14.30	2:04.23
	3 Hope JONES		14 Basildon and Phoenix SC	2:46.93	-	1:20.98	2:09.21
	4 Sarah ELLIS		14 Runnymede SC	2:47.97	37.26	1:20.75	2:09.60
	5 Alex DRYSDALE		14 Basildon and Phoenix SC	2:48.58	36.31	1:18.62	2:11.19
	6 EMILY ROWELL		14 Havering Dolphins	2:51.54	37.09	1:21.98	2:13.06
	7 Abigail MARSHALL		14 Basildon and Phoenix SC	2:52.37	37.45	1:22.23	2:12.86
15 Yrs/Over Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Poppy HILL		17 Bor of Waltham Forest (Gators)	2:31.53	32.88	1:13.51	1:58.21
	2 Kayleigh UMFREVILLE		15 Basildon and Phoenix SC	2:32.15	33.33	1:11.49	1:58.00
	3 Grace GILROY		15 Brentwood SC	2:34.95	34.3	1:15.10	1:59.29
	4 Ellie PIRRIE		15 Basildon and Phoenix SC	2:36.23	31.89	1:13.03	2:00.43
	5 Molly GILES		15 Basildon and Phoenix SC	2:40.84	34.34	1:15.66	-
	6 Emily HAWNEY		15 Basildon and Phoenix SC	2:58.84	40.42	1:23.28	2:16.02
EVENT 12 Boys Open 100m IM							
09 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time			
	1 Henry FERRIES		9 Basildon and Phoenix SC	1:33.33			
	2 Jake PILKINGTON		9 Runnymede SC	1:38.69			
	3 Thomas SAUVERY HINES		9 Basildon and Phoenix SC	1:49.69			
	Christopher BEBBINGTON		9 Killerwhales SC (Havering)	DNC			
10 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time			
	1 Drew CLARK		10 Bor of Waltham Forest (Gators)	1:27.17			
	2 Samuel DACK		10 Dunmow Atlantis SC	1:30.82			
	3 Benjamin HARVEY		10 Basildon and Phoenix SC	1:39.08			
	4 Kian PANYANDEE		10 Newham & UEL Swimming Club	1:39.44			
	5 Ben PARADISE		10 Basildon and Phoenix SC	1:46.15			
	6 Oliver LEGON		10 Basildon and Phoenix SC	1:46.16			
	Christoper DIXON		10 Brentwood SC	DQ T-			
11 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time			
	1 Harvey JOLLY		11 Basildon and Phoenix SC	1:18.01			
	2 Samuel GRIFFITHS		11 Southend on Sea SC	1:24.29			
	3 Adam HAROUMA		11 Newham & UEL Swimming Club	1:25.44			
	4 Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	1:26.09			
	5 Harry CUA		11 Newham & UEL Swimming Club	1:26.50			
	6 Daniel KEIR		11 Bor of Waltham Forest (Gators)	1:27.07			
	7 Joshua PURCHES		11 Runnymede SC	1:50.20			
	8 Jack WILSON		11 Witham Dolphins SC	1:58.32			
12 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time			
	1 Vincent MELO PEET		12 Basildon and Phoenix SC	1:18.02			
	2 Max DAWSON		12 Basildon and Phoenix SC	1:20.03			
	3 James BAYLEY		12 Runnymede SC	1:24.84			
	4 DANNY GRAY		12 Havering Dolphins	1:26.64			
	5 Matthew CAHILL		12 Basildon and Phoenix SC	1:30.74			
	6 Adam CLUTTERBUCK		12 Dunmow Atlantis SC	1:38.19			
	Louis SPONG		12 Dunmow Atlantis SC	DNC			
	Mason TURVEY		12 Basildon and Phoenix SC	DQ ST-			
13 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time			
	1 Lewis COOPER		13 Basildon and Phoenix SC	1:13.56			
	2 Callum MARLEY		13 Witham Dolphins SC	1:13.67			
	3 Caven BECK		13 Borough of Southend SC	1:14.68			
	4 JOSHUA ARNONE		13 Havering Dolphins	1:17.06			
	5 Joshua FOWLES		13 Witham Dolphins SC	1:23.35			
	6 Callum YEO		13 Bor of Waltham Forest (Gators)	1:23.75			
	7 Joseph VINTON		13 Runnymede SC	1:26.86			
	8 Joshua COOPER		13 Runnymede SC	1:29.79			
	9 Max TAIANI		13 Basildon and Phoenix SC	1:30.81			
	Louis BAXTER		13 Newham & UEL Swimming Club	DQ T-			
14 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time			
	1 James NEALE		14 Basildon and Phoenix SC	1:08.18			
	2 THOMAS BADLEY		14 Havering Dolphins	1:13.14			
	3 Daniel ROBINSON		14 Killerwhales SC (Havering)	1:13.53			
	4 Ashley CLARKE		14 Basildon and Phoenix SC	1:15.07			
	5 Charlie FINK		14 Newham & UEL Swimming Club	1:15.89			
	6 Cengiz KOYUNCU		14 Black Lion SC	1:16.51			
	7 Cameron BROWN		14 Witham Dolphins SC	1:16.55			
	8 Tommy GRANT		14 Southend on Sea SC	1:22.05			
	9 Nathan GREY		14 Killerwhales SC (Havering)	1:24.97			
15 Yrs/Over Age Group - Full Results							
Place	Name	AaD	Club	Time			

1	Rory GEOGHEGAN		16 Brentwood SC	1:04.70	
2	Aidan ROBINSON		15 Basildon and Phoenix SC	1:06.43	
3	Russell BECK		15 Borough of Southend SC	1:08.78	
4	Jamie MCLAUGHLIN		15 Dunmow Atlantis SC	1:09.22	
5	Aiden ROBINSON		16 Killerwhales SC (Havering)	1:12.21	
6	Daniel LEE		16 Basildon and Phoenix SC	1:12.36	
7	Alex GARRETT		16 Maldon Sharks Swimming Club	1:13.94	
8	George SIMMONS		15 Dunmow Atlantis SC	1:14.42	
9	Luke BROWN		17 Dunmow Atlantis SC	1:14.70	
10	Samuel BROWN		15 Dunmow Atlantis SC	1:16.32	
11	Joao MELO PEET		15 Basildon and Phoenix SC	1:16.33	
12	MATTHEW BARHAM		15 Havering Dolphins	1:17.85	
13	Scott MIZON		16 Maldon Sharks Swimming Club	1:19.53	
	Billy TAPSELL-MCAVOY		20 Newham & UEL Swimming Club	DQ T-	
EVENT 13 Girls Open 100m Butterfly					
10 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	Isabelle MARSHALL		10 Basildon and Phoenix SC	1:37.76	41.78
11 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	Bryony UMFREVILLE		11 Basildon and Phoenix SC	1:23.08	-
2	Megan KEY		11 Brentwood SC	1:33.63	-
12 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	Rebecca MCDERMOTT		12 Brentwood SC	1:25.37	-
2	Charlotte JORDAN		12 Basildon and Phoenix SC	1:27.90	-
3	Savannah GRACEY		12 Bor of Waltham Forest (Gators)	1:33.43	-
4	Isobel BANNING		12 Witham Dolphins SC	1:40.84	-
13 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	Dina DAY		13 Runnymede SC	1:12.73	34.67
2	Abigail HART		13 Dunmow Atlantis SC	1:21.04	-
14 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	Molly JEROME		14 Basildon and Phoenix SC	1:11.25	32.92
2	Eva POWER		14 Runnymede SC	1:13.10	33.89
3	Kirsty FEHILY		14 Brentwood SC	1:15.71	35.68
	Abigail MARSHALL		14 Basildon and Phoenix SC	DNC	
	Lois WYATT		14 Brentwood SC	DQ SL-	
15 Yrs/Over Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	Ellie PIRRIE		15 Basildon and Phoenix SC	1:07.10	32.3
2	Kayleigh UMFREVILLE		15 Basildon and Phoenix SC	1:09.74	32.96
3	Ekaterina ZOSSIMOVA		16 Newham & UEL Swimming Club	1:14.44	34.17
4	Alexa FOSTER-CARTER		15 Borough of Southend SC	1:15.08	39.55
5	Abigail LEE		16 Basildon and Phoenix SC	1:19.63	46.75
6	Maisie WEST		16 Basildon and Phoenix SC	1:21.56	34.23
7	Megan JONES		15 Basildon and Phoenix SC	1:21.73	38.75
EVENT 14 Boys Open 100m Butterfly					
11 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	Zayn AKBAR		11 Bor of Waltham Forest (Gators)	1:58.61	53.78
	Daniel KEIR		11 Bor of Waltham Forest (Gators)	DNC	
12 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	Louis SPONG		12 Dunmow Atlantis SC	1:15.17	35.41
2	Vincent MELO PEET		12 Basildon and Phoenix SC	1:17.85	36.91
3	Joseph KILSBY		12 Basildon and Phoenix SC	1:23.80	39.45
4	Mason TURVEY		12 Basildon and Phoenix SC	1:31.66	40.59
5	DANNY GRAY		12 Havering Dolphins	1:32.54	42.13
13 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	Esteban MARMOLEJO		13 Bor of Waltham Forest (Gators)	1:11.02	32.63
2	Alec HUMPHRIES		13 Basildon and Phoenix SC	1:17.11	35.44
3	Callum MARLEY		13 Witham Dolphins SC	1:19.64	35.62
4	Callum YEO		13 Bor of Waltham Forest (Gators)	1:22.18	37.08
5	Joshua COOPER		13 Runnymede SC	1:31.87	40.87
14 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	George EPSLY		14 Plymouth Leander SC	1:00.21	28.12
2	James NEALE		14 Basildon and Phoenix SC	1:08.89	-
3	Daniel ROBINSON		14 Killerwhales SC (Havering)	1:17.44	33.88
15 Yrs/Over Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
					50
1	Elliott HILL		18 Bor of Waltham Forest (Gators)	1:02.76	29.28
2	Jack CARTER		17 Southend on Sea SC	1:02.86	29.22

3	Joseph FOSTER	17 Newham & UEL Swimming Club	1:04.20	29.66
4	Harvey BROWN	15 Basildon and Phoenix SC	1:05.13	29.49
5	Russell BECK	15 Borough of Southend SC	1:05.43	30.35
6	Wesley BRAME	15 Brentwood SC	1:06.71	30.36
7	Alexei WINDER	15 Newham & UEL Swimming Club	1:08.23	32.22
8	Denis MELCIU	17 Newham & UEL Swimming Club	1:08.58	32.17
9	Aiden ROBINSON	16 Killerwhales SC (Havering)	1:13.70	33.17
10	Joao MELO PEET	15 Basildon and Phoenix SC	1:18.66	36.67
	Luke BROWN	17 Dunmow Atlantis SC	DNC	

EVENT 15 Girls Open 50m Breaststroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Tessa O'DOHERTY		9 Basildon and Phoenix SC	52.45
2	Jasmine WOOD		9 Witham Dolphins SC	55.73
3	Alexandra THIEL-CZERWI		9 Southend on Sea SC	56.69
4	Olivia ROBERTS		9 London Borough of Redbridge SC	57.86

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Danielle HARTIN		10 Basildon and Phoenix SC	47.1
2	Ella-Louise KILSBY		10 Basildon and Phoenix SC	47.48
3	Aoife MARLEY		10 Witham Dolphins SC	48.58
4	Rebecca WATT		10 Dunmow Atlantis SC	50.43
5	Emma RICHARDS		10 London Borough of Redbridge SC	51.55
6	Isabelle MARSHALL		10 Basildon and Phoenix SC	52.1
7	Rebecca STROUD		10 Brentwood SC	52.24
8	Holly KILCAST		10 Witham Dolphins SC	53.25
9	Anastasia FABIAN		10 London Borough of Redbridge SC	53.62
10	Jade BRAYBROOKE		10 Killerwhales SC (Havering)	54.01
11	Rebecca DACK		10 Dunmow Atlantis SC	54.08
12	Rhiannon COCKELL		10 Witham Dolphins SC	56.83
13	Sasha KEIR		10 Bor of Waltham Forest (Gators)	58.59
14	Chloe TURNER		10 Runnymede SC	59.65

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Ciara RAFFERTY		11 Basildon and Phoenix SC	42.63
2	Anne FYNN		11 Witham Dolphins SC	43.08
3	Meghan MAYBANKS		11 Dunmow Atlantis SC	43.29
4	Francesca BROWN		11 Witham Dolphins SC	47.18
5	Ciara TAPPENDEN		11 Basildon and Phoenix SC	47.48
6	LAURA BARHAM		11 Havering Dolphins	48.17
7	Katie MUSGROVE		11 Dunmow Atlantis SC	48.37
8	Victoria GRANT		11 Southend on Sea SC	48.44
9	Rhianna-Lee PAGAN		11 Bor of Waltham Forest (Gators)	48.57
10	Caitlin WATSON-DOTCHI		11 Runnymede SC	50
11	Rianna GREY		11 Killerwhales SC (Havering)	57.05

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Lily MAY		12 Basildon and Phoenix SC	39.35
2	Tilly PEARSON		12 Killerwhales SC (Havering)	40.12
3	Abbie ROBERTS		12 Brentwood SC	41.6
4	Maisie JONES		12 Basildon and Phoenix SC	42.62
5	Eavie MICKLEY		12 Basildon and Phoenix SC	44.35
6	Charlotte JORDAN		12 Basildon and Phoenix SC	44.96
7	Ella HENRY		12 Newham & UEL Swimming Club	45.06
8	Sonia HALILI		12 Bor of Waltham Forest (Gators)	46.42
9	Georgia ANTONIOU		12 Bor of Waltham Forest (Gators)	47.44
10	Isabella DYOS		12 Basildon and Phoenix SC	47.5
11	Savannah GRACEY		12 Bor of Waltham Forest (Gators)	48.32
12	Rebecca ROMAIN		12 Dunmow Atlantis SC	48.74
13	Georgia ROBINSON		12 Killerwhales SC (Havering)	50.22
14	Evlín SERVIS		12 Basildon and Phoenix SC	51.61
15	Joana FARIA		12 Newham & UEL Swimming Club	53.29
16	Sophie HALL		12 Runnymede SC	1:00.51
	Madeline FRANKS		12 London Borough of Redbridge SC	DQ ST-

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Zoe BRADLEY		13 Southend on Sea SC	38.44
2	Dina DAY		13 Runnymede SC	41.33
3	Mollie GARRARD		13 Runnymede SC	41.84
4	Ellie MITCHELL		13 Runnymede SC	42.38
5	Rebecca MAYBANKS		13 Dunmow Atlantis SC	42.84
6	Abigail HART		13 Dunmow Atlantis SC	43.96
7	Lillie HOULTON		13 Basildon and Phoenix SC	44.79
8	Olivia GREY		13 Killerwhales SC (Havering)	53.71

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
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1	Molly JEROME		14 Basildon and Phoenix SC	38.46
2	Sarah ELLIS		14 Runnymede SC	41.77
3	EMILY ROWELL		14 Havering Dolphins	43.06
4	Alex DRYSDALE		14 Basildon and Phoenix SC	43.3
5	Megan PALMER		14 Basildon and Phoenix SC	43.44
5	Kirsty FEHILY		14 Brentwood SC	43.44
7	Aine GRIFFITHS		14 Basildon and Phoenix SC	44.54
8	Mollie WILSON		14 Witham Dolphins SC	49.27
15 Yrs/Over Age Group - Full Results				
Place	Name	AaD	Club	Time
1	Molly GILES		15 Basildon and Phoenix SC	36.86
2	Grace GILROY		15 Brentwood SC	36.87
3	Poppy HILL		17 Bor of Waltham Forest (Gators)	38.44
4	Alexa FOSTER-CARTER		15 Borough of Southend SC	39.22
5	Hope OLOYE		15 Newham & UEL Swimming Club	39.47
6	Emily LANE		16 Maldon Sharks Swimming Club	40.78
7	Charlotte HARTIN		16 Basildon and Phoenix SC	41.72
8	Megan JONES		15 Basildon and Phoenix SC	43.67
9	Emily HAWNEY		15 Basildon and Phoenix SC	44.38
EVENT 16 Boys Open 50m Breaststroke				
09 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
1	Henry FERRIES		9 Basildon and Phoenix SC	51.06
2	Oliver WILSHER		9 Maldon Sharks Swimming Club	56.71
3	Jake PILKINGTON		9 Runnymede SC	57.09
4	Thomas SAUVERY HINES		9 Basildon and Phoenix SC	1:03.26
5	Oliver WHITNEY		9 Southend on Sea SC	1:03.94
6	Christopher STEPHENS		9 Brentwood SC	1:08.03
	Jack GOODWIN		9 Basildon and Phoenix SC	DQ T-
10 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
1	Pratham SHETTY		10 Runnymede SC	46.55
2	Drew CLARK		10 Bor of Waltham Forest (Gators)	47.35
3	Samuel DACK		10 Dunmow Atlantis SC	47.67
4	Mason HUNNISETT		10 Basildon and Phoenix SC	50.1
5	Kian PANYANDEE		10 Newham & UEL Swimming Club	51.38
6	Benjamin HARVEY		10 Basildon and Phoenix SC	52.49
7	Jamie SPONG		10 Dunmow Atlantis SC	54.5
8	Ben PARADISE		10 Basildon and Phoenix SC	55.17
9	Louis HENRY		10 Newham & UEL Swimming Club	55.9
10	Ben GIBSON		10 Brentwood SC	57.48
11	Joe TAIANI		10 Basildon and Phoenix SC	58.71
12	Oliver LEGON		10 Basildon and Phoenix SC	59.06
13	Christoper DIXON		10 Brentwood SC	1:00.31
11 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
1	Daniel KEIR		11 Bor of Waltham Forest (Gators)	45.91
2	Samuel GRIFFITHS		11 Southend on Sea SC	46.2
3	Joseph LANE		11 Maldon Sharks Swimming Club	46.48
4	Manuel NACHEV		11 London Borough of Redbridge SC	47.26
5	Adam HAROUMA		11 Newham & UEL Swimming Club	47.33
6	Lewis BAYLEY		11 Southend on Sea SC	47.41
7	Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	47.52
8	Harry CUA		11 Newham & UEL Swimming Club	47.61
9	Joshua PURCHES		11 Runnymede SC	55
10	Jack WILSON		11 Witham Dolphins SC	55.29
11	Calvin GOWERS		11 Killerwhales SC (Havering)	58.52
12 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
1	Max DAWSON		12 Basildon and Phoenix SC	40.02
2	Vincent MELO PEET		12 Basildon and Phoenix SC	42.48
3	Ben GOODWIN		12 Basildon and Phoenix SC	44.72
4	Joseph KILSBY		12 Basildon and Phoenix SC	45.69
5	Jack NEALE		12 Basildon and Phoenix SC	46.08
5	James BAYLEY		12 Runnymede SC	46.08
7	Matthew CAHILL		12 Basildon and Phoenix SC	48.75
8	Adam CLUTTERBUCK		12 Dunmow Atlantis SC	50.92
13 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
1	Esteban MARMOLEJO		13 Bor of Waltham Forest (Gators)	39.68
2	Lewis COOPER		13 Basildon and Phoenix SC	40.29
3	Kieran BARBERO		13 Basildon and Phoenix SC	40.41
4	Jack HARRIS		13 Basildon and Phoenix SC	43.14
5	Joshua COOPER		13 Runnymede SC	44.09
6	Callum YEO		13 Bor of Waltham Forest (Gators)	47.28
7	Max TAIANI		13 Basildon and Phoenix SC	52.43

	8 Joseph VINTON		13 Runnymede SC		52.62
	Mathew OATEN		13 Basildon and Phoenix SC	DQ SL-	
14 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	
	1 Salaam MOTIN		14 Basildon and Phoenix SC	36.93	
	2 Daniel THOMPSON		14 Basildon and Phoenix SC	37.5	
	3 Kalaam MOTIN		14 Basildon and Phoenix SC	39.78	
	4 Cameron BROWN		14 Witham Dolphins SC	40.91	
	5 Nathan GREY		14 Killerwhales SC (Havering)	47.66	
	THOMAS BADLEY		14 Havering Dolphins	DQ ST-	
15 Yrs/Over Age Group - Full Results					
Place	Name	AaD	Club	Time	
	1 Rory GEOGHEGAN		16 Brentwood SC	32.73	
	2 Jack CARTER		17 Southend on Sea SC	33.09	
	3 Matthew MCLAUGHLIN		18 Dunmow Atlantis SC	35.22	
	4 Elliott HILL		18 Bor of Waltham Forest (Gators)	35.68	
	5 Alex GARRETT		16 Maldon Sharks Swimming Club	38.2	
	6 Jamie MCLAUGHLIN		15 Dunmow Atlantis SC	38.3	
	7 SEAN SEVANT		15 Havering Dolphins	38.59	
	8 Daniel LEE		16 Basildon and Phoenix SC	39.23	
	9 George SIMMONS		15 Dunmow Atlantis SC	40.34	
	10 MATTHEW BARHAM		15 Havering Dolphins	42.96	
	11 Joao MELO PEET		15 Basildon and Phoenix SC	43.55	
EVENT 17 Girls Open 100m Backstroke					
10 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
	1 Olivia PROPHET		10 Runnymede SC	1:25.73	50 42.47
	2 Isabelle MARSHALL		10 Basildon and Phoenix SC	1:30.08	43.64
	3 Scarlett MORINE		10 Basildon and Phoenix SC	1:34.56	46.22
	4 Erin LEE		10 Basildon and Phoenix SC	1:34.59	45.89
	5 Emma RICHARDS		10 London Borough of Redbridge SC	1:36.94	47.47
	6 Maisy HAMPTON		10 Runnymede SC	1:38.01	48.11
	7 Anastasia FABIAN		10 London Borough of Redbridge SC	1:40.96	48.72
11 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
	1 Ciara RAFFERTY		11 Basildon and Phoenix SC	1:24.41	50 40.48
	2 Rhianna-Lee PAGAN		11 Bor of Waltham Forest (Gators)	1:26.64	42.31
	3 Anne FYNN		11 Witham Dolphins SC	1:28.80	44.11
	4 Ciara TAPPENDEN		11 Basildon and Phoenix SC	1:29.92	43.1
	5 LAURA BARHAM		11 Havering Dolphins	1:32.79	44.23
	6 Emily GREEN		11 Brentwood SC	1:36.59	47.18
	6 Victoria GRANT		11 Southend on Sea SC	1:36.59	1:36.24
	8 Caitlin WATSON-DOTCHI		11 Runnymede SC	1:36.84	48.17
	9 Yasmin KADHIM		11 Killerwhales SC (Havering)	1:39.20	46.54
	Bryony UMFREVILLE		11 Basildon and Phoenix SC	DQ T-	
12 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
	1 Rebecca MCDERMOTT		12 Brentwood SC	1:19.26	50 38.53
	2 Megan THOMPSON		12 Basildon and Phoenix SC	1:20.32	39.16
	3 Elise CLARK		12 Bor of Waltham Forest (Gators)	1:21.24	40.03
	4 Tilly PEARSON		12 Killerwhales SC (Havering)	1:21.34	39.39
	5 Abbie ROBERTS		12 Brentwood SC	1:27.50	43.52
	6 Charlotte JORDAN		12 Basildon and Phoenix SC	1:28.16	42.47
	7 Isabella DYOS		12 Basildon and Phoenix SC	1:28.40	43.5
	8 Sonia HALILI		12 Bor of Waltham Forest (Gators)	1:29.39	43.92
	9 Georgia ANTONIOU		12 Bor of Waltham Forest (Gators)	1:30.81	45.09
	Sophie HALL		12 Runnymede SC	DQ T-	
13 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
	1 Ruby WILSON		13 Brentwood SC	1:07.22	50 32.5
	2 Abbey CROUCH		13 Basildon and Phoenix SC	1:15.77	37.15
	3 Zoe BRADLEY		13 Southend on Sea SC	1:17.36	37.56
	4 Abigail HART		13 Dunmow Atlantis SC	1:18.06	38.94
	5 Rhiannon BAYLEY		13 Southend on Sea SC	1:19.37	39.24
	6 Jemima WALKER		13 Basildon and Phoenix SC	1:19.57	38.97
	7 Rebecca MAYBANKS		13 Dunmow Atlantis SC	1:21.63	39.62
	8 Rebecca KING		13 Witham Dolphins SC	1:31.72	44.77
14 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	Splits
	1 Eva POWER		14 Runnymede SC	1:13.59	50 35.28
	2 Lois WYATT		14 Brentwood SC	1:14.69	36.85
	3 Hannah GILLESPIE		14 Epping Forest Dist. SC	1:14.88	37.19
	4 Megan PALMER		14 Basildon and Phoenix SC	1:17.82	38.74
	5 Aine GRIFFITHS		14 Basildon and Phoenix SC	1:22.58	40.51
	6 EMILY ROWELL		14 Havering Dolphins	1:25.87	41.56
	7 Mollie WILSON		14 Witham Dolphins SC	1:33.36	44.95

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Ekaterina ZOSSIMOVA		16 Newham & UEL Swimming Club	1:13.36	36.07
2	Poppy HILL		17 Bor of Waltham Forest (Gators)	1:14.08	36.29
3	Gemma MIZON		19 Maldon Sharks Swimming Club	1:16.88	37.28
	Maisie WEST		16 Basildon and Phoenix SC	DNC	

EVENT 18 Girls Open 400m Freestyle

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Poppy HOLMES		10 Sevenoaks SC	5:44.71
	50m 39.08	100m 1:23.07	150m 2:07.88	200m 2:52.06
				250m 3:36.53
				300m 4:20.33
				350m 5:04.48
				400m 5:44.71
2	Olivia PROPHET		10 Runnymede SC	5:56.22
	50m 41.61	100m 1:26.53	150m 2:12.78	200m 2:57.80
				250m 3:42.93
				300m 4:28.26
				350m 5:13.58
				400m 5:56.22
3	Erin LEE		10 Basildon and Phoenix SC	5:57.62
	50m 40.39	100m 1:24.32	150m 2:09.39	200m 2:54.98
				250m 3:42.28
				300m 4:28.62
				350m 5:13.14
				400m 5:57.62
4	Maisy HAMPTON		10 Runnymede SC	6:25.37
	50m 43.37	100m 1:32.23	150m 2:22.63	200m 3:12.38
				250m 4:01.72
				300m 4:50.61
				350m 5:39.33
				400m 6:25.37
5	Scarlett MORINE		10 Basildon and Phoenix SC	6:56.57
	50m 40.38	100m 1:30.15	150m 2:19.31	200m 3:10.73
				250m 4:02.63
				300m 4:54.75
				350m 5:47.57
				400m 6:56.57

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Chelsea CLARKE		11 Basildon and Phoenix SC	5:11.58
	50m 35.67	100m 1:14.69	150m 1:54.29	200m 2:34.65
				250m 3:14.27
				300m 3:54.46
				350m 4:33.94
				400m 5:11.58
2	Megan KEY		11 Brentwood SC	5:17.58
	50m 34.94	100m 1:14.49	150m 1:55.06	200m 2:36.34
				250m 3:16.10
				300m 3:57.61
				350m 4:37.93
				400m 5:17.58
3	Bryony UMFREVILLE		11 Basildon and Phoenix SC	5:19.82
	50m 35.60	100m 1:14.63	150m 1:55.05	200m 2:36.15
				250m 3:17.42
				300m 3:58.80
				350m 4:39.32
				400m 5:19.82
4	Ciara TAPPENDEN		11 Basildon and Phoenix SC	5:44.13
	50m 36.39	100m 1:17.83	150m 2:01.77	200m 2:45.99
				250m 3:30.69
				300m 4:15.91
				350m 5:01.07
				400m 5:44.13
	Rhianna-Lee PAGAN		11 Bor of Waltham Forest (Gators)	DNC

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Eavie MICKLEY		12 Basildon and Phoenix SC	5:05.57
	50m 34.37	100m 1:12.24	150m 1:51.51	200m 2:30.78
				250m 3:09.89
				300m 3:49.10
				350m 4:28.24
				400m 5:05.57
2	Tilly PEARSON		12 Killerwhales SC (Havering)	5:13.22
	50m 34.34	100m 1:13.75	150m 1:54.39	200m 2:34.75
				250m 3:15.82
				300m 3:55.68
				350m 4:35.70
				400m 5:13.22
3	Megan THOMPSON		12 Basildon and Phoenix SC	5:13.97
	50m 34.89	100m 1:13.80	150m 1:54.19	200m 2:35.08
				250m 3:15.62
				300m 3:55.57
				350m 4:35.83
				400m 5:13.97
4	Jodie HULL		12 Bor of Waltham Forest (Gators)	5:20.25
	50m 35.97	100m 1:15.77	150m 1:56.60	200m 2:37.77
				250m 3:19.58
				300m 4:00.28
				350m 4:40.83
				400m 5:20.25
5	Elise CLARK		12 Bor of Waltham Forest (Gators)	5:20.65
	50m 36.83	100m 1:16.86	150m 1:57.45	200m 2:38.32
				250m 3:19.45
				300m 4:00.80
				350m 4:41.88
				400m 5:20.65
6	Emily EASTON		12 Witham Dolphins SC	5:23.14
	50m 36.40	100m 1:16.90	150m 1:58.56	200m 2:40.47
				250m 3:22.08
				300m 4:02.96
				350m 4:43.47
				400m 5:23.14
7	Lauren BEADON		12 Basildon and Phoenix SC	5:35.02
	50m 38.20	100m 1:20.30	150m 2:03.24	200m 2:45.61
				250m 3:27.97
				300m 4:11.08
				350m 4:53.92
				400m 5:35.02
8	Ella HENRY		12 Newham & UEL Swimming Club	5:47.70
	50m 38.13	100m 1:21.38	150m 2:06.07	200m 2:51.38
				250m 3:36.19
				300m 4:20.81
				350m 5:05.62
				400m 5:47.70
9	Isobel BANNING		12 Witham Dolphins SC	5:55.16
	50m 39.32	100m 1:22.74	150m 2:07.81	200m 2:53.55
				250m 3:39.61
				300m 4:26.16
				350m 5:12.19
				400m 5:55.16

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Ellie MITCHELL		13 Runnymede SC	4:54.39
	50m 33.05	100m 1:09.49	150m 1:46.48	200m 2:24.17
				250m 3:02.22
				300m 3:39.78
				350m 4:17.92
				400m 4:54.39
2	Jemima WALKER		13 Basildon and Phoenix SC	5:00.62
	50m 34.21	100m 1:11.52	150m 1:49.81	200m 2:28.14
				250m 3:06.73
				300m 3:44.92
				350m 4:23.63
				400m 5:00.62
3	Abby COLTON		13 Witham Dolphins SC	5:08.45
	50m 35.41	100m 1:14.35	150m 1:53.75	200m 2:33.29
				250m 3:12.63
				300m 3:51.91
				350m 4:30.99
				400m 5:08.45
4	Lauren COLTON		13 Witham Dolphins SC	5:08.62
	50m 35.88	100m 1:15.39	150m 1:55.17	200m 2:34.93
				250m 3:14.59
				300m 3:53.68
				350m 4:32.26
				400m 5:08.62
5	Lillie HOULTON		13 Basildon and Phoenix SC	5:11.24
	50m 37.24	100m 1:15.69	150m 1:55.14	200m 2:35.16
				250m 3:14.76
				300m 3:54.06
				350m 4:33.18
				400m 5:11.24

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Rianna SMITH		14 Brentwood SC	4:39.98
	50m 32.12	100m 1:06.49	150m 1:41.33	200m 2:16.67
				250m 2:52.34
				300m 3:28.31
				350m 4:04.52
				400m 4:39.98
2	Lois WYATT		14 Brentwood SC	4:49.69
	50m 32.30	100m 1:07.56	150m 1:43.95	200m 2:21.06
				250m 2:58.23
				300m 3:35.35
				350m 4:13.20
				400m 4:49.69
3	Sarah HENNESSY		14 Newham & UEL Swimming Club	4:58.53
	50m 32.66	100m 1:08.52	150m 1:45.57	200m 2:23.33
				250m 3:01.41
				300m 3:39.99
				350m 4:18.61
				400m 4:58.53
4	Hannah GILLESPIE		14 Epping Forest Dist. SC	5:03.78
	50m 34.83	100m 1:12.67	150m 1:50.89	200m 2:29.53
				250m 3:08.36
				300m 3:47.07
				350m 4:25.84
				400m 5:03.78
5	Chloe CORNHILL		14 Killerwhales SC (Havering)	5:04.49
	50m 33.05	100m 1:10.36	150m 1:49.01	200m 2:28.28
				250m 3:07.37
				300m 3:46.28
				350m 4:25.76
				400m 5:04.49
6	Hope JONES		14 Basildon and Phoenix SC	5:05.07
	50m 35.05	100m 1:12.82	150m 1:51.31	200m 2:29.66
				250m 3:08.38
				300m 3:47.35
				350m 4:26.79
				400m 5:05.07

7	Aine GRIFFITHS	14	Basildon and Phoenix SC	5:16.49				
	50m 34.64	100m 1:13.54	150m 1:54.46	200m 2:34.89	250m 3:15.05	300m 3:56.15	350m 4:37.46	400m 5:16.49
15 Yrs/Over Age Group - Full Results								
Place	Name	AaD	Club	Time				
1	Chloe-Annabelle WARD		16 Epping Forest Dist. SC	4:41.90				
	50m 31.37	100m 1:05.34	150m 1:40.75	200m 2:16.82	250m 2:53.33	300m 3:29.91	350m 4:06.48	400m 4:41.90
2	Georgia MILLS		16 Basildon and Phoenix SC	4:45.68				
	50m 30.95	100m 1:05.11	150m 1:40.70	200m 2:17.06	250m 2:53.67	300m 3:31.17	350m 4:08.83	400m 4:45.68
3	Grace GILROY		15 Brentwood SC	4:51.53				
	50m 32.67	100m 1:07.58	150m 1:43.24	200m 2:19.78	250m 2:57.11	300m 3:34.67	350m 4:13.03	400m 4:51.53
4	Armani ANTOINE-CHAG.		17 Enfield Swim Squad	4:53.95				
	50m 32.33	100m 1:07.63	150m 1:43.98	200m 2:21.04	250m 2:58.61	300m 3:36.79	350m 4:15.72	400m 4:53.95
5	Charlotte HARTIN		16 Basildon and Phoenix SC	5:13.56				
	50m 34.82	100m 1:13.28	150m 1:53.08	200m 2:33.39	250m 3:14.03	300m 3:54.98	350m 4:35.50	400m 5:13.56
EVENT 19 Boys Open 400m IM								
10 Yrs Age Group - Full Results								
Place	Name	AaD	Club	Time				
1	Pratham SHETTY		10 Runnymede SC	7:00.26				
	50m 47.36	100m 1:49.08	150m 2:39.79	200m 3:29.14	250m 4:27.31	300m 5:25.29	350m 6:12.67	400m 7:00.26
11 Yrs Age Group - Full Results								
Place	Name	AaD	Club	Time				
1	Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	6:15.80				
	50m 39.82	100m 1:29.64	150m 2:17.12	200m 3:02.97	250m 3:58.93	300m 4:56.18	350m 5:36.30	400m 6:15.80
12 Yrs Age Group - Full Results								
Place	Name	AaD	Club	Time				
1	Harry NICHOLLS		12 Basildon and Phoenix SC	5:37.30				
	50m 37.96	100m 1:21.33	150m 2:02.82	200m 2:44.23	250m 3:33.60	300m 4:23.42	350m 5:01.22	400m 5:37.30
13 Yrs Age Group - Full Results								
Place	Name	AaD	Club	Time				
1	Lewis COOPER		13 Basildon and Phoenix SC	5:17.24				
	50m 34.25	100m 1:14.10	150m 1:54.77	200m 2:34.36	250m 3:21.49	300m 4:09.17	350m 4:44.29	400m 5:17.24
2	Aaron CLARKE		13 Basildon and Phoenix SC	5:36.04				
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m 5:36.04
14 Yrs Age Group - Full Results								
Place	Name	AaD	Club	Time				
1	Salaam MOTIN		14 Basildon and Phoenix SC	5:03.83				
	50m 33.71	100m 1:12.50	150m 1:50.89	200m 2:27.95	250m 3:10.57	300m 3:53.92	350m 4:30.06	400m 5:03.83
2	Ashley CLARKE		14 Basildon and Phoenix SC	5:19.57				
	50m 33.79	100m 1:13.08	150m 1:53.58	200m 2:32.91	250m 3:19.48	300m 4:06.76	350m 4:43.82	400m 5:19.57
3	THOMAS BADLEY		14 Havering Dolphins	5:25.15				
	50m 36.05	100m 1:19.39	150m 2:00.20	200m 2:40.05	250m 3:25.67	300m 4:09.94	350m 4:48.02	400m 5:25.15
15 Yrs/Over Age Group - Full Results								
Place	Name	AaD	Club	Time				
1	Bradley CLARKE		16 Basildon and Phoenix SC	4:55.12				
	50m 33.93	100m 1:07.77	150m 1:45.57	200m 2:23.05	250m 3:05.74	300m 3:48.96	350m 4:22.57	400m 4:55.12
2	Harvey BROWN		15 Basildon and Phoenix SC	5:02.40				
	50m 30.76	100m 1:06.82	150m 1:43.32	200m 2:18.77	250m 3:07.77	300m 3:57.12	350m 4:31.12	400m 5:02.40
3	Denis MELCIU		17 Newham & UEL Swimming Club	5:17.30				
	50m 31.59	100m 1:09.86	150m 1:52.49	200m 2:34.32	250m 3:21.32	300m 4:08.01	350m 4:43.75	400m 5:17.30
EVENT 20 Girls Open 200m Breaststroke								
09 Yrs Age Group - Full Results								
Place	Name	AaD	Club	Time	Splits			
					50	100	150	
1	Tessa O'DOHERTY		9 Basildon and Phoenix SC	3:58.47	53.69	1:55.02	2:58.76	
2	Charlotte HARGREAVES		9 Basildon and Phoenix SC	4:03.61	57.8	2:01.17	3:04.93	
3	Mia JONES		9 Basildon and Phoenix SC	4:11.44	58.88	2:03.56	3:08.29	
4	Olivia ROBERTS		9 London Borough of Redbridge SC	4:12.19	57.59	2:02.94	3:08.18	
5	Caitlin FLANNERY		9 Maldon Sharks Swimming Club	4:33.20	1:00.89	2:11.08	3:22.65	
	Renee DAVIS		9 Bor of Waltham Forest (Gators)	DQ ST-				
10 Yrs Age Group - Full Results								
Place	Name	AaD	Club	Time	50	100	150	
1	Poppy HOLMES		10 Sevenoaks SC	3:29.11	48.78	1:42.92	2:36.05	
2	Danielle HARTIN		10 Basildon and Phoenix SC	3:29.91	46.82	1:41.40	2:36.16	
3	Holly BUCKINGHAM		10 Maldon Sharks Swimming Club	3:49.51	53.1	1:52.22	2:51.65	
4	Chloe TURNER		10 Runnymede SC	4:41.83	1:02.09	2:14.95	3:29.96	
11 Yrs Age Group - Full Results								
Place	Name	AaD	Club	Time	50	100	150	
1	Chelsea CLARKE		11 Basildon and Phoenix SC	3:18.72	45.39	1:36.45	2:28.12	
2	Ciara FLANNERY		11 Maldon Sharks Swimming Club	3:23.63	45.58	1:36.59	2:30.59	
3	Anne FYNN		11 Witham Dolphins SC	3:24.68	46.51	1:38.90	2:32.50	
4	Amber JOLLEY		11 Runnymede SC	3:31.08	47.58	1:42.31	2:37.11	
5	Bryony UMFREVILLE		11 Basildon and Phoenix SC	3:31.62	46.92	1:40.73	2:36.93	
6	Francesca BROWN		11 Witham Dolphins SC	3:45.22	50.37	1:49.74	2:48.55	
7	Abigail RICE		11 Southend on Sea SC	3:46.08	50.16	1:47.73	2:47.50	
8	Lauren HUTSON		11 London Borough of Redbridge SC	4:12.32	57.2	2:03.08	3:08.97	
	Joely BENNETT		11 London Borough of Redbridge SC	DQ T-				
12 Yrs Age Group - Full Results								

Place	Name	AaD	Club	Time	50	100	150
	1 Maisie JONES		12 Basildon and Phoenix SC	3:10.44	43.28	1:31.95	2:21.25
	2 Lily MAY		12 Basildon and Phoenix SC	3:11.70	43.72	1:32.34	2:22.06
	3 Tilly PEARSON		12 Killerwhales SC (Havering)	3:14.84	43.24	1:34.82	2:25.72
	4 Abbie ROBERTS		12 Brentwood SC	3:15.95	44.28	1:35.56	2:27.15
	5 Bethany RICHARDSON		12 Basildon and Phoenix SC	3:22.26	45.44	1:36.08	2:29.02
	6 Jodie HULL		12 Bor of Waltham Forest (Gators)	3:25.86	48.64	1:41.63	2:34.71
	7 Georgia ANTONIOU		12 Bor of Waltham Forest (Gators)	3:26.79	48.39	1:42.26	2:34.64
	8 Becky KNIGHT		12 Basildon and Phoenix SC	3:28.93	47.4	1:40.98	2:35.36
	9 Lauren BEADON		12 Basildon and Phoenix SC	3:37.89	49.74	1:46.13	2:42.65
13 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Dina DAY		13 Runnymede SC	3:02.88	41.04	1:28.15	2:15.45
	2 Amber ADAMSON		13 Witham Dolphins SC	3:30.37	47.08	1:40.12	2:35.70
	3 Fern WALLIS		13 Runnymede SC	3:35.55	48.23	1:41.87	2:38.63
14 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Hope JONES		14 Basildon and Phoenix SC	3:07.50	42.49	1:30.01	2:19.18
	2 EMILY ROWELL		14 Havering Dolphins	3:16.26	44.67	1:34.67	2:25.91
	3 Deana LEVY		14 Epping Forest Dist. SC	3:18.23	43.32	1:34.15	2:26.89
	Megan PALMER		14 Basildon and Phoenix SC	DNC			
	Aine GRIFFITHS		14 Basildon and Phoenix SC	DQ T-			
15 Yrs/Over Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Poppy HILL		17 Bor of Waltham Forest (Gators)	2:52.95	38.45	1:21.81	2:06.55
	2 Molly GILES		15 Basildon and Phoenix SC	3:01.12	38.34	1:24.45	2:13.74
	3 Alexa FOSTER-CARTER		15 Borough of Southend SC	3:04.11	40.81	1:27.10	2:15.96
	4 Charlotte HARTIN		16 Basildon and Phoenix SC	3:11.76	42.48	1:31.36	2:21.80
	5 Georgia PORTER		17 Killerwhales SC (Havering)	3:12.07	41.88	1:29.50	2:20.35
EVENT 21 Boys Open 200m Breaststroke							
09 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Harry MENDEL		9 London Borough of Redbridge SC	3:44.21	53.68	1:51.60	2:48.78
	2 Luke BISHOP		9 Killerwhales SC (Havering)	3:51.97	51.93	1:53.08	2:54.30
	3 Jack GOODWIN		9 Basildon and Phoenix SC	4:11.57	58.39	2:02.39	3:08.66
	Henry FERRIES		9 Basildon and Phoenix SC	DQ S-			
10 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Drew CLARK		10 Bor of Waltham Forest (Gators)	3:32.05	49.55	1:44.18	2:39.18
	2 Pratham SHETTY		10 Runnymede SC	3:37.91	49.61	1:45.39	2:42.74
	3 Mason HUNNISETT		10 Basildon and Phoenix SC	3:44.35	51.64	1:49.08	2:47.96
	4 Jamie SPONG		10 Dunmow Atlantis SC	4:02.04	55.51	1:59.03	3:01.76
	5 Patrick MILNER		10 Southend on Sea SC	4:03.05	56.72	2:00.96	3:05.61
	6 Ben PARADISE		10 Basildon and Phoenix SC	4:10.28	56.78	2:02.74	3:08.36
	7 Oliver LEGON		10 Basildon and Phoenix SC	4:13.61	1:00.07	2:05.22	3:11.88
11 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Harvey JOLLY		11 Basildon and Phoenix SC	3:06.83	42.1	1:30.25	2:18.90
12 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Harry NICHOLLS		12 Basildon and Phoenix SC	3:09.62	43.71	1:31.90	2:20.92
	2 Joseph KILSBY		12 Basildon and Phoenix SC	3:16.19	46.8	1:37.50	2:28.10
	3 James BAYLEY		12 Runnymede SC	3:26.18	47.39	1:39.94	2:32.74
	4 Ben GOODWIN		12 Basildon and Phoenix SC	3:37.16	48.72	1:44.33	2:42.17
13 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Esteban MARMOLEJO		13 Bor of Waltham Forest (Gators)	2:52.54	39.31	1:23.77	2:08.73
	2 Bradley VEITCH		13 Harlow Penguin SC	2:55.38	39.72	1:23.62	2:10.37
	3 Lewis COOPER		13 Basildon and Phoenix SC	2:59.83	41.61	1:27.90	2:14.73
	4 Aaron CLARKE		13 Basildon and Phoenix SC	3:07.18	43.65	1:31.76	2:20.21
	5 Kieran BARBERO		13 Basildon and Phoenix SC	3:11.17	40.39	1:29.14	2:20.10
	6 Jack HARRIS		13 Basildon and Phoenix SC	3:14.87	43.32	1:32.09	2:22.79
14 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Salaam MOTIN		14 Basildon and Phoenix SC	2:45.08	38.03	1:19.74	2:02.52
	2 THOMAS BADLEY		14 Havering Dolphins	2:48.96	37.38	1:20.99	2:05.78
	3 Ashley CLARKE		14 Basildon and Phoenix SC	2:53.77	40.32	1:24.60	2:08.85
	4 Daniel THOMPSON		14 Basildon and Phoenix SC	3:03.41	41.14	1:27.69	2:15.77
	5 Cameron BROWN		14 Witham Dolphins SC	3:09.32	42.35	1:30.48	2:20.16
	Richard THORPE		14 Runnymede SC	DQ T-			
15 Yrs/Over Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
	1 Bradley CLARKE		16 Basildon and Phoenix SC	2:39.19	35.62	1:15.95	1:57.07
	2 Rory GEOGHEGAN		16 Brentwood SC	2:39.71	35.63	1:16.84	1:59.07
	3 Elliott HILL		18 Bor of Waltham Forest (Gators)	2:44.95	36.73	1:19.46	2:02.33
	4 Matthew MCLAUGHLIN		18 Dunmow Atlantis SC	2:55.20	36.43	1:19.50	2:06.49

5	Marcus KETLEY		15 Basildon and Phoenix SC	3:05.98	41.41	1:28.28	2:17.16
6	Joao MELO PEET		15 Basildon and Phoenix SC	3:16.61	43.45	1:32.98	2:24.92
	Elliot HART		16 Runnymede SC	DQ SL-			
EVENT 22 Girls Open 50m Freestyle							
09 Yrs Age Group - Full Results							
Place	Name	AaD	Club		Time		
1	Hannah LOGAN		9 Basildon and Phoenix SC		39.55		
2	Olivia ROBERTS		9 London Borough of Redbridge SC		40.8		
3	Charlotte HARGREAVES		9 Basildon and Phoenix SC		40.98		
4	Lily FLETCHER		9 Witham Dolphins SC		41.29		
5	Mia JONES		9 Basildon and Phoenix SC		41.54		
6	Abbie MORTIMER-FORD		9 Maldon Sharks Swimming Club		43.28		
7	Tianna JONES		9 Newham & UEL Swimming Club		43.64		
8	Lauren GALBRAITH		9 Southend on Sea SC		43.79		
9	Caitlin FLANNERY		9 Maldon Sharks Swimming Club		44.15		
10	Jasmine WOOD		9 Witham Dolphins SC		45.33		
11	Emily MOORE		9 Witham Dolphins SC		49.2		
	Renee DAVIS		9 Bor of Waltham Forest (Gators)		DQ ST-		
10 Yrs Age Group - Full Results							
Place	Name	AaD	Club		Time		
1	Erin LEE		10 Basildon and Phoenix SC		34.52		
2	Rebecca STROUD		10 Brentwood SC		36.2		
3	Scarlett MORINE		10 Basildon and Phoenix SC		36.44		
4	Mia NICHOLS		10 Basildon and Phoenix SC		37.17		
5	Olivia PROPHET		10 Runnymede SC		38.81		
6	Rebecca DACK		10 Dunmow Atlantis SC		39.13		
7	Emma RICHARDS		10 London Borough of Redbridge SC		39.49		
8	Holly KILCAST		10 Witham Dolphins SC		41.83		
9	Sophie LLOYD-ROSSI		10 Dunmow Atlantis SC		42.66		
10	Holly BUCKINGHAM		10 Maldon Sharks Swimming Club		43.2		
11	Rhiannon COCKELL		10 Witham Dolphins SC		43.45		
12	Bethany LILLIS		10 Southend on Sea SC		43.95		
13	Jessica MOORE		10 Witham Dolphins SC		46.7		
14	Chloe TURNER		10 Runnymede SC		48.34		
11 Yrs Age Group - Full Results							
Place	Name	AaD	Club		Time		
1	Ciara RAFFERTY		11 Basildon and Phoenix SC		31.8		
2	Rhianna-Lee PAGAN		11 Bor of Waltham Forest (Gators)		33.64		
3	Megan KEY		11 Brentwood SC		33.69		
4	LAURA BARHAM		11 Havering Dolphins		34.77		
5	Ciara TAPPENDEN		11 Basildon and Phoenix SC		35.02		
6	Ciara FLANNERY		11 Maldon Sharks Swimming Club		36.08		
7	Elizabeth BENTLEY		11 Witham Dolphins SC		36.47		
8	Abigail RICE		11 Southend on Sea SC		36.6		
9	Joely BENNETT		11 London Borough of Redbridge SC		38.33		
10	Rianna GREY		11 Killerwhales SC (Havering)		38.45		
11	Amber JOLLEY		11 Runnymede SC		39.1		
12	Yasmin KADHIM		11 Killerwhales SC (Havering)		39.95		
13	Lauren HUTSON		11 London Borough of Redbridge SC		39.97		
14	Nicole ADAMSON		11 Witham Dolphins SC		40.75		
15	Francesca BROWN		11 Witham Dolphins SC		42.67		
12 Yrs Age Group - Full Results							
Place	Name	AaD	Club		Time		
1	Eavie MICKLEY		12 Basildon and Phoenix SC		31.9		
2	Rebecca MCDERMOTT		12 Brentwood SC		32.5		
3	Lily MAY		12 Basildon and Phoenix SC		33.22		
4	Sonia HALILI		12 Bor of Waltham Forest (Gators)		33.59		
5	Abbie ROBERTS		12 Brentwood SC		33.62		
6	Becky KNIGHT		12 Basildon and Phoenix SC		33.63		
7	Maisie JONES		12 Basildon and Phoenix SC		33.67		
8	Savannah GRACEY		12 Bor of Waltham Forest (Gators)		33.85		
9	Ella HENRY		12 Newham & UEL Swimming Club		34.15		
10	Charlotte JORDAN		12 Basildon and Phoenix SC		34.28		
11	Lydia KETLEY		12 Basildon and Phoenix SC		34.52		
12	Elise CLARK		12 Bor of Waltham Forest (Gators)		34.86		
13	Alex JOHNSON-SHARPE		12 Newham & UEL Swimming Club		35.26		
14	Madeline FRANKS		12 London Borough of Redbridge SC		35.39		
15	Mason JOHNSON-SHARP		12 Newham & UEL Swimming Club		35.64		
16	Lauren BEADON		12 Basildon and Phoenix SC		35.95		
17	Isobel BANNING		12 Witham Dolphins SC		36.23		
18	Evlin SERVIS		12 Basildon and Phoenix SC		36.49		
19	Georgia ANTONIOU		12 Bor of Waltham Forest (Gators)		36.85		
20	Isabella DYOS		12 Basildon and Phoenix SC		36.9		
21	Rebecca ROMAIN		12 Dunmow Atlantis SC		36.93		
22	Sophie HALL		12 Runnymede SC		37.03		
23	Joana FARIA		12 Newham & UEL Swimming Club		42		

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Ruby WILSON		13 Brentwood SC	29.17
2	Abbey CROUCH		13 Basildon and Phoenix SC	30.26
3	Rebecca MAYBANKS		13 Dunmow Atlantis SC	30.82
4	Dina DAY		13 Runnymede SC	31.42
5	Ellie MITCHELL		13 Runnymede SC	31.44
6	Jessica LACEY		13 Runnymede SC	32.05
7	Lillie HOULTON		13 Basildon and Phoenix SC	32.46
8	Evelyn ROURKE		13 Basildon and Phoenix SC	33.34
9	Olivia GREY		13 Killerwhales SC (Havering)	36.75
10	Fern WALLIS		13 Runnymede SC	36.95
11	Amber ADAMSON		13 Witham Dolphins SC	37.55
12	Olivia RITCHIE		13 Southend on Sea SC	38.62

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Rianna SMITH		14 Brentwood SC	28.46
2	Molly JEROME		14 Basildon and Phoenix SC	29.88
3	Kirsty FEHILY		14 Brentwood SC	31.47
4	Megan PALMER		14 Basildon and Phoenix SC	32.24
5	EMILY ROWELL		14 Havering Dolphins	32.37
6	Hope JONES		14 Basildon and Phoenix SC	32.54
7	Ayisha DAVIES		14 Newham & UEL Swimming Club	33.13
8	Aine GRIFFITHS		14 Basildon and Phoenix SC	34.52

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1	Georgia MILLS		16 Basildon and Phoenix SC	28.86
2	Amy STAINER		15 Maldon Sharks Swimming Club	29.09
3	Poppy HILL		17 Bor of Waltham Forest (Gators)	29.27
4	Ekaterina ZOSSIMOVA		16 Newham & UEL Swimming Club	29.3
5	Grace GILROY		15 Brentwood SC	29.87
6	Molly GILES		15 Basildon and Phoenix SC	29.95
7	Maisie WEST		16 Basildon and Phoenix SC	30.04
8	Abigail LEE		16 Basildon and Phoenix SC	31.33
9	Megan JONES		15 Basildon and Phoenix SC	32.66
10	Hope OLOYE		15 Newham & UEL Swimming Club	32.81
	Gemma MIZON		19 Maldon Sharks Swimming Club	DQ ST-

EVENT 23 Boys Open 50m Butterfly

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Henry FERRIES		9 Basildon and Phoenix SC	46.35
2	Adam MATLOUB		9 Newham & UEL Swimming Club	47.36
3	Luke BISHOP		9 Killerwhales SC (Havering)	53.46

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Drew CLARK		10 Bor of Waltham Forest (Gators)	39.25
2	Mason HUNNISETT		10 Basildon and Phoenix SC	41.22
3	Samuel DACK		10 Dunmow Atlantis SC	41.66
4	Pratham SHETTY		10 Runnymede SC	46.77
5	Benjamin HARVEY		10 Basildon and Phoenix SC	48.6
6	Jamie SPONG		10 Dunmow Atlantis SC	49.9
7	Ben PARADISE		10 Basildon and Phoenix SC	56.22
	Oliver LEGON		10 Basildon and Phoenix SC	DNC

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Adam HAROUMA		11 Newham & UEL Swimming Club	36.82
2	Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	38.03
3	Harry CUA		11 Newham & UEL Swimming Club	40.35
4	Zayn AKBAR		11 Bor of Waltham Forest (Gators)	46.26
5	Samuel SEYOUM		11 London Borough of Redbridge SC	46.62
6	Joshua PURCHES		11 Runnymede SC	54.07

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Louis SPONG		12 Dunmow Atlantis SC	32.71
2	Max DAWSON		12 Basildon and Phoenix SC	35.57
3	DANNY GRAY		12 Havering Dolphins	36.52
4	Oliver TOTMAN		12 Killerwhales SC (Havering)	55.82

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	JOSHUA ARNONE		13 Havering Dolphins	32.75
2	Caven BECK		13 Borough of Southend SC	33.16
3	Lewis COOPER		13 Basildon and Phoenix SC	33.34
4	Alec HUMPHRIES		13 Basildon and Phoenix SC	34.84
5	Callum YEO		13 Bor of Waltham Forest (Gators)	35.48
6	Andrew BENNETT		13 Killerwhales SC (Havering)	36.8
7	Joseph VINTON		13 Runnymede SC	38.93

8	Joshua COOPER	13	Runnymede SC	40.02
9	Jack GILTNAME	13	Epping Forest Dist. SC	40.59
10	Joseph BENTLEY	13	Witham Dolphins SC	45.31

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	James NEALE		14 Basildon and Phoenix SC	29.96
2	Cengiz KOYUNCU		14 Black Lion SC	32.08
3	THOMAS BADLEY		14 Havering Dolphins	32.99
4	Cameron BROWN		14 Witham Dolphins SC	33.49
5	Charlie FINK		14 Newham & UEL Swimming Club	34.02
6	Daniel THOMPSON		14 Basildon and Phoenix SC	34.38
7	Richard THORPE		14 Runnymede SC	34.93
8	Nathan GREY		14 Killerwhales SC (Havering)	36.25

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1	Jack CARTER		17 Southend on Sea SC	28.31
2	Rory GEOGHEGAN		16 Brentwood SC	28.6
3	Jamie MCLAUGHLIN		15 Dunmow Atlantis SC	28.62
4	Elliott HILL		18 Bor of Waltham Forest (Gators)	28.97
5	Wesley BRAME		15 Brentwood SC	28.99
6	Billy TAPSELL-MCAVOY		20 Newham & UEL Swimming Club	29.26
7	Harvey BROWN		15 Basildon and Phoenix SC	29.46
8	Alexei WINDER		15 Newham & UEL Swimming Club	30.29
9	Hamish YOUNG		15 Basildon and Phoenix SC	30.33
10	Daniel LEE		16 Basildon and Phoenix SC	31.17
11	Sam BISHOP		15 Killerwhales SC (Havering)	31.88
12	Samuel BROWN		15 Dunmow Atlantis SC	32.42
13	Scott MIZON		16 Maldon Sharks Swimming Club	33.05
14	SEAN SEVANT		15 Havering Dolphins	33.83
15	Luke BROWN		17 Dunmow Atlantis SC	34.29
16	Joao MELO PEET		15 Basildon and Phoenix SC	34.36
17	Marcus KETLEY		15 Basildon and Phoenix SC	35.23
18	Benjamin GOMES		18 Basildon and Phoenix SC	39.14
	Joshua TOTMAN		16 Killerwhales SC (Havering)	DQ ST-

EVENT 24 Girls Open 200m Butterfly

10 Yrs Age Group - Full Results				Splits			
Place	Name	AaD	Club	Time	50	100	150
1	Ella-Louise KILSBY		10 Basildon and Phoenix SC	3:38.35	41.58	1:35.89	2:37.90
11 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Rhianna-Lee PAGAN		11 Bor of Waltham Forest (Gators)	3:19.48	42.96	1:35.77	2:28.95
12 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Emily EASTON		12 Witham Dolphins SC	2:47.98	36.96	1:19.89	2:04.93
2	Amelia PEDDLE		12 Epping Forest Dist. SC	2:48.84	35.43	1:19.80	2:04.68
3	Savannah GRACEY		12 Bor of Waltham Forest (Gators)	3:10.83	44.76	1:34.84	2:27.61
13 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Lauren COLTON		13 Witham Dolphins SC	2:49.33	37.47	1:20.45	2:04.98
14 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Kirsty FEHILY		14 Brentwood SC	2:43.64	36.36	1:18.15	2:01.19
15 Yrs/Over Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Ellie PIRRIE		15 Basildon and Phoenix SC	2:26.51	32.46	1:09.07	1:47.02
2	Poppy HILL		17 Bor of Waltham Forest (Gators)	2:31.11	33.42	1:11.68	1:51.58
	Alexa FOSTER-CARTER		15 Borough of Southend SC	DNC			
	Georgia MILLS		16 Basildon and Phoenix SC	DNC			

EVENT 25 Boys Open 100m Freestyle

11 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	50
1	Harvey JOLLY		11 Basildon and Phoenix SC	1:06.64	31.1
2	Harry CUA		11 Newham & UEL Swimming Club	1:14.62	35.88
3	Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	1:16.48	36.89
4	Samuel SEYOUM		11 London Borough of Redbridge SC	1:20.68	37.54
5	Zayn AKBAR		11 Bor of Waltham Forest (Gators)	1:24.36	40.84
6	Freddie PEARSON		11 Killerwhales SC (Havering)	1:32.80	43.01
7	Joshua PURCHES		11 Runnymede SC	1:33.57	43.94
8	Elliott PEARSON		11 Killerwhales SC (Havering)	1:38.10	45.13
12 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	50
1	Louis SPONG		12 Dunmow Atlantis SC	1:06.51	32.02
2	Dermot O'DOHERTY		12 Basildon and Phoenix SC	1:07.62	33.19
3	Max DAWSON		12 Basildon and Phoenix SC	1:09.94	33.21
4	James BAYLEY		12 Runnymede SC	1:09.96	33.66
5	Joseph KILSBY		12 Basildon and Phoenix SC	1:12.16	34.49

6	DANNY GRAY	12	Havering Dolphins	1:13.81	35.29
7	Jack NEALE	12	Basildon and Phoenix SC	1:19.91	36.03
8	Oliver TOTMAN	12	Killerwhales SC (Havering)	1:20.73	39.19

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Esteban MARMOLEJO		13 Bor of Waltham Forest (Gators)	58.75	28.75
2	JOSHUA ARNONE		13 Havering Dolphins	1:03.27	29.63
3	Caven BECK		13 Borough of Southend SC	1:05.68	31.42
4	Louis BAXTER		13 Newham & UEL Swimming Club	1:08.03	32.9
5	Alec HUMPHRIES		13 Basildon and Phoenix SC	1:08.44	32.92
6	Nedas MALIAUSKAS		13 Newham & UEL Swimming Club	1:08.64	32.31
7	Andrew BENNETT		13 Killerwhales SC (Havering)	1:09.01	32.99
8	Kieran BARBERO		13 Basildon and Phoenix SC	1:09.78	32.64
9	Callum YEO		13 Bor of Waltham Forest (Gators)	1:10.02	32.74
10	Aaron BEARWISH		13 Basildon and Phoenix SC	1:10.35	33.3
11	Jack HARRIS		13 Basildon and Phoenix SC	1:11.86	34.97
12	Joseph VINTON		13 Runnymede SC	1:14.43	35.69
13	Jack GILTNAME		13 Epping Forest Dist. SC	1:15.40	35.82
14	Joshua COOPER		13 Runnymede SC	1:18.07	35.8
15	Joseph BENTLEY		13 Witham Dolphins SC	1:20.77	38.93

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	James NEALE		14 Basildon and Phoenix SC	59.59	28.34
2	Charlie FINK		14 Newham & UEL Swimming Club	1:01.53	30.3
3	Kalaam MOTIN		14 Basildon and Phoenix SC	1:03.09	30.71
4	Nathan GREY		14 Killerwhales SC (Havering)	1:08.99	33.29

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Harvey BROWN		15 Basildon and Phoenix SC	55.05	-
2	Gareth HAWKINS		16 Thurrock Swimming Club	55.9	26.47
3	Billy TAPSELL-MCAVOY		20 Newham & UEL Swimming Club	56.96	27.35
4	Wesley BRAME		15 Brentwood SC	57.21	27.62
5	Rory GEOGHEGAN		16 Brentwood SC	57.96	27.75
6	Denis MELCIU		17 Newham & UEL Swimming Club	58.97	28.64
7	Jamie MCLAUGHLIN		15 Dunmow Atlantis SC	59.17	27.84
8	Fraser BARCLAY		15 Epping Forest Dist. SC	59.95	28.49
9	Daniel LEE		16 Basildon and Phoenix SC	1:00.86	29.26
10	Alexei WINDER		15 Newham & UEL Swimming Club	1:01.63	29.62
11	Sam BISHOP		15 Killerwhales SC (Havering)	1:02.40	29.89
12	Elliot HART		16 Runnymede SC	1:03.70	30.81
13	Marcus KETLEY		15 Basildon and Phoenix SC	1:05.16	31.84
14	Samuel BROWN		15 Dunmow Atlantis SC	1:06.49	32.14
15	Joao MELO PEET		15 Basildon and Phoenix SC	1:06.50	31.58
16	Scott MIZON		16 Maldon Sharks Swimming Club	1:07.00	32.09
17	Joshua TOTMAN		16 Killerwhales SC (Havering)	1:07.90	32.98
18	Luke BROWN		17 Dunmow Atlantis SC	1:08.76	32.51
19	Benjamin GOMES		18 Basildon and Phoenix SC	1:20.37	38

EVENT 26 Girls Open 50m Backstroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Hannah LOGAN		9 Basildon and Phoenix SC	45.85
2	Charlotte HARGREAVES		9 Basildon and Phoenix SC	46.55
3	Olivia ROBERTS		9 London Borough of Redbridge SC	48.03
4	Lily FLETCHER		9 Witham Dolphins SC	48.3
5	Mia JONES		9 Basildon and Phoenix SC	50.9
6	Renee DAVIS		9 Bor of Waltham Forest (Gators)	52.5
7	Emily MOORE		9 Witham Dolphins SC	56.92
	Lauren GALBRAITH		9 Southend on Sea SC	DNC
	Tessa O'DOHERTY		9 Basildon and Phoenix SC	DQ T-

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Rebecca WATT		10 Dunmow Atlantis SC	39.58
2	Olivia PROPHET		10 Runnymede SC	40.54
3	Ella-Louise KILSBY		10 Basildon and Phoenix SC	41.49
4	Jade BRAYBROOKE		10 Killerwhales SC (Havering)	42.04
5	Rebecca STROUD		10 Brentwood SC	42.31
6	Scarlett MORINE		10 Basildon and Phoenix SC	42.69
7	Maisy HAMPTON		10 Runnymede SC	45.26
8	Bethany LILLIS		10 Southend on Sea SC	49.33
9	Holly BUCKINGHAM		10 Maldon Sharks Swimming Club	49.93
10	Sophie LLOYD-ROSSI		10 Dunmow Atlantis SC	50.2
11	Chloe TURNER		10 Runnymede SC	51.7
12	Jessica MOORE		10 Witham Dolphins SC	53.44
	Emma RICHARDS		10 London Borough of Redbridge SC	DQ T-

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
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1	Ciara RAFFERTY	11	Basildon and Phoenix SC	37.97
2	Rhianna-Lee PAGAN	11	Bor of Waltham Forest (Gators)	38.96
3	Megan KEY	11	Brentwood SC	39.79
4	Anne FYNN	11	Witham Dolphins SC	40.26
5	Ciara FLANNERY	11	Maldon Sharks Swimming Club	41.92
6	LAURA BARHAM	11	Havering Dolphins	41.95
7	Ciara TAPPENDEN	11	Basildon and Phoenix SC	42.13
8	Abigail RICE	11	Southend on Sea SC	42.3
9	Elizabeth BENTLEY	11	Witham Dolphins SC	44.2
10	Yasmin KADHIM	11	Killerwhales SC (Havering)	45.21
11	Lauren HUTSON	11	London Borough of Redbridge SC	46.02
12	Amber JOLLEY	11	Runnymede SC	46.33
13	Nicole ADAMSON	11	Witham Dolphins SC	46.36
14	Rianna GREY	11	Killerwhales SC (Havering)	52.8

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Rebecca MCDERMOTT		12 Brentwood SC	35.38
2	Becky KNIGHT		12 Basildon and Phoenix SC	38.91
3	Eavie MICKLEY		12 Basildon and Phoenix SC	39.45
4	Isabella DYOS		12 Basildon and Phoenix SC	39.71
5	Abbie ROBERTS		12 Brentwood SC	39.91
6	Charlotte JORDAN		12 Basildon and Phoenix SC	40.65
7	Jodie HULL		12 Bor of Waltham Forest (Gators)	41.47
8	Georgia ANTONIOU		12 Bor of Waltham Forest (Gators)	41.53
9	Sonia HALILI		12 Bor of Waltham Forest (Gators)	41.55
10	Alex JOHNSON-SHARPE		12 Newham & UEL Swimming Club	41.8
11	Lydia KETLEY		12 Basildon and Phoenix SC	41.83
12	Maisie JONES		12 Basildon and Phoenix SC	41.85
13	Madeline FRANKS		12 London Borough of Redbridge SC	42.3
14	Lauren BEADON		12 Basildon and Phoenix SC	43.27
15	Sophie HALL		12 Runnymede SC	43.86
16	Rebecca ROMAIN		12 Dunmow Atlantis SC	44.69
17	Evlin SERVIS		12 Basildon and Phoenix SC	45.29
	Elise CLARK		12 Bor of Waltham Forest (Gators)	DQ T-

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Ruby WILSON		13 Brentwood SC	32.34
2	Abbey CROUCH		13 Basildon and Phoenix SC	35.43
3	Dina DAY		13 Runnymede SC	36.87
4	Jessica LACEY		13 Runnymede SC	37.44
5	Rebecca MAYBANKS		13 Dunmow Atlantis SC	37.68
6	Evelyn ROURKE		13 Basildon and Phoenix SC	37.83
7	Fern WALLIS		13 Runnymede SC	43.05
8	Olivia RITCHIE		13 Southend on Sea SC	43.76
	Olivia GREY		13 Killerwhales SC (Havering)	DQ T-

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Molly JEROME		14 Basildon and Phoenix SC	33.37
2	Lois WYATT		14 Brentwood SC	35.77
3	Megan PALMER		14 Basildon and Phoenix SC	36.67
4	Aine GRIFFITHS		14 Basildon and Phoenix SC	38.61
5	EMILY ROWELL		14 Havering Dolphins	38.97

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1	Maisie WEST		16 Basildon and Phoenix SC	32.1
2	Amy STAINER		15 Maldon Sharks Swimming Club	34.43
3	Ekaterina ZOSSIMOVA		16 Newham & UEL Swimming Club	34.74
4	Gemma MIZON		19 Maldon Sharks Swimming Club	36.1
5	Megan JONES		15 Basildon and Phoenix SC	38.29
6	Georgia PORTER		17 Killerwhales SC (Havering)	41.61

EVENT 27 Girls Open 100m Freestyle

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	Splits
1	Rebecca WATT		10 Dunmow Atlantis SC	1:15.66	36.07
2	Zara MILLS		10 Southend on Sea SC	1:19.56	38.51
3	Mia NICHOLS		10 Basildon and Phoenix SC	1:25.88	40.74
4	Scarlett MORINE		10 Basildon and Phoenix SC	1:26.53	40.13
5	Rebecca DACK		10 Dunmow Atlantis SC	1:30.31	24.26
6	Emma RICHARDS		10 London Borough of Redbridge SC	1:30.65	42.7
7	Emily BOWN		10 London Borough of Redbridge SC	1:34.10	45.3
8	Holly KILCAST		10 Witham Dolphins SC	1:34.48	44.02
	Olivia YEO		10 Brentwood SC	DNC	

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Megan KEY		11 Brentwood SC	1:13.55	35.26
2	Chelsea CLARKE		11 Basildon and Phoenix SC	1:13.57	35.64

3	Anne FYNN	11	Witham Dolphins SC	1:14.77	36.06
4	Rhianna-Lee PAGAN	11	Bor of Waltham Forest (Gators)	1:16.65	37.23
5	Ciara TAPPENDEN	11	Basildon and Phoenix SC	1:17.05	37.67
6	Abigail RICE	11	Southend on Sea SC	1:20.31	39.1
7	LAURA BARHAM	11	Havering Dolphins	1:21.18	39.64
8	Elizabeth BENTLEY	11	Witham Dolphins SC	1:24.37	40.71
9	Emily GREEN	11	Brentwood SC	1:25.13	41.37
10	Joely BENNETT	11	London Borough of Redbridge SC	1:26.37	41.11
11	Yasmin KADHIM	11	Killerwhales SC (Havering)	1:30.13	42.49
12	Rianna GREY	11	Killerwhales SC (Havering)	1:34.28	43.19
13	Nicole ADAMSON	11	Witham Dolphins SC	1:34.35	43.96
	Lauren HUTSON	11	London Borough of Redbridge SC	DNC	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Eavie MICKLEY		12 Basildon and Phoenix SC	1:08.78	33.23
2	Bethany RICHARDSON		12 Basildon and Phoenix SC	1:10.26	33.92
3	Tilly PEARSON		12 Killerwhales SC (Havering)	1:11.39	33.92
4	Rebecca MCDERMOTT		12 Brentwood SC	1:11.43	34.44
5	Maisie JONES		12 Basildon and Phoenix SC	1:11.52	34.86
6	Abbie ROBERTS		12 Brentwood SC	1:12.19	34.87
7	Lily MAY		12 Basildon and Phoenix SC	1:12.54	35.19
8	Sonia HALILI		12 Bor of Waltham Forest (Gators)	1:13.30	35.24
9	Elise CLARK		12 Bor of Waltham Forest (Gators)	1:13.44	35.31
10	Lydia KETLEY		12 Basildon and Phoenix SC	1:15.33	35.82
11	Ella HENRY		12 Newham & UEL Swimming Club	1:16.20	36.64
12	Charlotte JORDAN		12 Basildon and Phoenix SC	1:16.31	36.31
13	Becky KNIGHT		12 Basildon and Phoenix SC	1:16.53	36.08
14	Lauren BEADON		12 Basildon and Phoenix SC	1:16.65	37.29
15	Savannah GRACEY		12 Bor of Waltham Forest (Gators)	1:17.69	37.29
16	Isobel BANNING		12 Witham Dolphins SC	1:20.63	38.63
17	Rebecca ROMAIN		12 Dunmow Atlantis SC	1:20.96	39.63
18	Ella ATTFIELD		12 Brentwood SC	1:21.44	38.77
19	Madeline FRANKS		12 London Borough of Redbridge SC	1:22.60	38.24
20	Sophie HALL		12 Runnymede SC	1:27.19	40.82
21	Evlin SERVIS		12 Basildon and Phoenix SC	1:27.51	42.1

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Ruby WILSON		13 Brentwood SC	1:02.02	30.08
2	Dina DAY		13 Runnymede SC	1:06.59	31.88
3	Ellie MITCHELL		13 Runnymede SC	1:07.23	32.46
4	Abbey CROUCH		13 Basildon and Phoenix SC	1:07.71	32.53
5	Jemima WALKER		13 Basildon and Phoenix SC	1:08.79	33.36
6	Lauren COLTON		13 Witham Dolphins SC	1:09.34	33.93
7	Rebecca MAYBANKS		13 Dunmow Atlantis SC	1:09.41	32.85
8	Abigail HART		13 Dunmow Atlantis SC	1:10.68	34.21
9	Lillie HOULTON		13 Basildon and Phoenix SC	1:10.76	34.69
10	Mollie GARRARD		13 Runnymede SC	1:11.81	34.45
11	Jessica LACEY		13 Runnymede SC	1:12.84	35.11
12	Evelyn ROURKE		13 Basildon and Phoenix SC	1:16.65	36.27
13	Amber ADAMSON		13 Witham Dolphins SC	1:24.45	38.71
14	Fern WALLIS		13 Runnymede SC	1:24.58	39.42
15	Olivia GREY		13 Killerwhales SC (Havering)	1:26.31	40.92

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Rianna SMITH		14 Brentwood SC	1:01.22	30.03
2	Molly JEROME		14 Basildon and Phoenix SC	1:04.34	20.32
3	Sarah ELLIS		14 Runnymede SC	1:07.53	32.31
4	Kirsty FEHILY		14 Brentwood SC	1:07.64	32.26
5	Megan PALMER		14 Basildon and Phoenix SC	1:12.39	35.25
6	EMILY ROWELL		14 Havering Dolphins	1:12.54	34.17
7	Aine GRIFFITHS		14 Basildon and Phoenix SC	1:12.91	35.46
8	Ayisha DAVIES		14 Newham & UEL Swimming Club	1:13.20	34.42
	Hannah GILLESPIE		14 Epping Forest Dist. SC	DNC	

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1	Poppy HILL		17 Bor of Waltham Forest (Gators)	1:01.85	29.94
2	Kayleigh UMFREVILLE		15 Basildon and Phoenix SC	1:02.11	30.3
3	Georgia MILLS		16 Basildon and Phoenix SC	1:02.90	30.57
4	Grace GILROY		15 Brentwood SC	1:04.93	30.86
5	Maisie WEST		16 Basildon and Phoenix SC	1:05.13	31.16
6	Ekaterina ZOSSIMOVA		16 Newham & UEL Swimming Club	1:05.36	31.3
7	Mikeala GORE		15 Witham Dolphins SC	1:05.49	31.95
8	Molly GILES		15 Basildon and Phoenix SC	1:06.70	31.31
9	Ellie PIRRIE		15 Basildon and Phoenix SC	1:07.30	32.42
10	Abigail LEE		16 Basildon and Phoenix SC	1:09.43	33.59
11	Megan JONES		15 Basildon and Phoenix SC	1:09.83	33.75

12	Georgia PORTER		17 Killerwhales SC (Havering)	1:10.38	33.6		
13	Hope OLOYE		15 Newham & UEL Swimming Club	1:11.38	34.19		
14	Connie SLATER		15 Witham Dolphins SC	1:12.50	34.6		
	Esther GRAHAM		15 Newham & UEL Swimming Club	DNC			
	Gemma MIZON		19 Maldon Sharks Swimming Club	DNC			
EVENT 28 Boys Open 200m Freestyle							
09 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Harry MENDEL		9 London Borough of Redbridge SC	2:52.29	39.28	1:25.32	2:10.81
2	Luke BISHOP		9 Killerwhales SC (Havering)	3:10.90	43.36	1:34.06	2:24.30
3	Adam MATLOUB		9 Newham & UEL Swimming Club	3:19.55	42.33	1:34.76	2:29.73
10 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Samuel DACK		10 Dunmow Atlantis SC	2:53.26	39.25	1:23.85	2:09.11
2	Mason HUNNISETT		10 Basildon and Phoenix SC	2:57.51	40.63	1:27.60	2:14.88
3	Benjamin HARVEY		10 Basildon and Phoenix SC	3:10.16	44.52	1:31.76	2:21.04
4	Patrick MILNER		10 Southend on Sea SC	3:15.88	45.38	1:36.71	2:28.78
5	Ben PARADISE		10 Basildon and Phoenix SC	3:16.38	44.53	1:36.79	2:28.78
11 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Harvey JOLLY		11 Basildon and Phoenix SC	2:23.77	32.37	1:09.89	1:48.11
2	Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	2:34.75	35.98	1:15.46	1:55.32
3	Adam HAROUMA		11 Newham & UEL Swimming Club	2:39.66	34.82	1:15.02	1:58.37
4	Harry CUA		11 Newham & UEL Swimming Club	2:39.76	36.43	1:16.06	1:58.25
5	Samuel SEYOUM		11 London Borough of Redbridge SC	2:52.35	38.46	1:23.07	2:09.99
6	Zayn AKBAR		11 Bor of Waltham Forest (Gators)	3:01.06	40.57	1:26.53	2:14.46
12 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Harry NICHOLLS		12 Basildon and Phoenix SC	2:20.41	32.32	1:08.18	1:44.64
2	Dermot O'DOHERTY		12 Basildon and Phoenix SC	2:23.26	34.13	1:10.86	1:47.72
3	Louis SPONG		12 Dunmow Atlantis SC	2:25.48	33.93	1:12.35	1:50.10
4	James BAYLEY		12 Runnymede SC	2:30.17	35.93	1:15.02	1:54.13
5	DANNY GRAY		12 Havering Dolphins	2:46.22	37.8	1:21.10	2:05.76
13 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Esteban MARMOLEJO		13 Bor of Waltham Forest (Gators)	2:07.47	30.56	1:03.66	1:36.55
2	Lewis COOPER		13 Basildon and Phoenix SC	2:12.93	31.42	1:05.27	1:39.67
3	JOSHUA ARNONE		13 Havering Dolphins	2:21.40	31.14	1:06.89	1:45.14
4	Aaron CLARKE		13 Basildon and Phoenix SC	2:24.06	33.16	1:10.22	1:47.69
5	Alec HUMPHRIES		13 Basildon and Phoenix SC	2:28.08	34.41	1:12.44	1:51.68
6	Louis BAXTER		13 Newham & UEL Swimming Club	2:30.04	34.29	1:12.98	1:53.20
7	Aaron BEARWISH		13 Basildon and Phoenix SC	2:30.87	34.66	1:13.39	1:52.36
8	Callum YEO		13 Bor of Waltham Forest (Gators)	2:31.31	33.83	1:12.72	1:52.23
9	Jack HARRIS		13 Basildon and Phoenix SC	2:31.34	34.49	1:12.85	1:52.13
10	Jack GILTNANE		13 Epping Forest Dist. SC	2:46.87	37.65	1:21.39	2:05.62
11	Jake RAWLINGS		13 Epping Forest Dist. SC	2:54.35	39.06	1:23.43	2:09.78
14 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	James NEALE		14 Basildon and Phoenix SC	2:11.10	29.63	1:03.61	1:38.07
2	Charlie FINK		14 Newham & UEL Swimming Club	2:16.87	31.42	1:06.44	1:42.18
3	Kalaam MOTIN		14 Basildon and Phoenix SC	2:17.52	31.51	1:06.73	1:42.49
4	Ashley CLARKE		14 Basildon and Phoenix SC	2:18.06	32.46	1:07.56	1:43.13
15 Yrs/Over Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Bradley CLARKE		16 Basildon and Phoenix SC	2:01.95	27.83	58.36	1:30.10
2	Benjamin STUCKEY		17 Newham & UEL Swimming Club	2:02.67	27.53	58.74	1:31.35
3	Edvin KRUKOUSKIJ		15 Newham & UEL Swimming Club	2:05.75	29.39	1:02.01	1:34.89
4	Wesley BRAME		15 Brentwood SC	2:05.84	28.47	1:00.05	1:33.01
5	Harvey BROWN		15 Basildon and Phoenix SC	2:06.88	28.23	59.58	1:33.07
6	Fraser BARCLAY		15 Epping Forest Dist. SC	2:09.94	30.27	1:03.63	1:37.44
7	Daniel LEE		16 Basildon and Phoenix SC	2:10.48	30.18	1:03.52	1:37.69
8	Denis MELCIU		17 Newham & UEL Swimming Club	2:11.05	30.06	1:03.35	1:37.19
9	Sam BISHOP		15 Killerwhales SC (Havering)	2:14.84	30.73	1:04.18	1:39.73
10	Luke BROWN		17 Dunmow Atlantis SC	2:20.58	32.44	1:07.76	1:44.56
11	Joshua TOTMAN		16 Killerwhales SC (Havering)	2:28.92	32.71	1:12.32	1:52.59
	Aidan ROBINSON		15 Basildon and Phoenix SC	DNC			
EVENT 29 Girls Open 200m Backstroke							
09 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Mia JONES		9 Basildon and Phoenix SC	3:42.23	52.8	1:48.99	2:46.06
2	Tessa O'DOHERTY		9 Basildon and Phoenix SC	3:42.86	54.57	1:51.35	2:49.68
10 Yrs Age Group - Full Results							
Place	Name	AaD	Club	Time	50	100	150
1	Olivia PROPHET		10 Runnymede SC	2:57.32	42.55	1:27.87	2:13.64
2	Ella-Louise KILSBY		10 Basildon and Phoenix SC	3:04.11	42.73	1:29.48	2:17.57
3	Zara MILLS		10 Southend on Sea SC	3:09.06	44.43	1:32.69	2:22.29

	4	Maisy HAMPTON	10	Runnymede SC	3:20.09	47.4	1:38.97	2:29.95
	5	Emma RICHARDS	10	London Borough of Redbridge SC	3:24.46	49.3	1:42.26	2:35.53
	6	Emily BOWN	10	London Borough of Redbridge SC	3:44.76	52.58	1:51.01	2:49.77
		Sasha KEIR	10	Bor of Waltham Forest (Gators)	DNC			
11 Yrs Age Group - Full Results								
Place		Name	AaD	Club	Time	50	100	150
	1	Bryony UMFREVILLE		11 Basildon and Phoenix SC	2:53.79	40.72	1:24.43	2:10.95
	2	Rhianna-Lee PAGAN		11 Bor of Waltham Forest (Gators)	2:58.73	43.13	1:28.55	2:14.36
	3	Chelsea CLARKE		11 Basildon and Phoenix SC	2:59.83	42.55	1:28.46	2:14.81
	4	Ciara TAPPENDEN		11 Basildon and Phoenix SC	3:04.69	43.24	1:29.25	2:16.76
12 Yrs Age Group - Full Results								
Place		Name	AaD	Club	Time	50	100	150
	1	Brooke FROST		12 Basildon and Phoenix SC	2:25.39	33.75	1:10.35	1:47.84
	2	Amelia PEDDLE		12 Epping Forest Dist. SC	2:29.80	35.1	1:12.81	1:51.37
	3	Rebecca MCDERMOTT		12 Brentwood SC	2:46.88	39.53	1:22.18	2:05.28
	4	Megan THOMPSON		12 Basildon and Phoenix SC	2:48.69	40.07	1:23.90	2:07.89
	5	Elise CLARK		12 Bor of Waltham Forest (Gators)	2:49.18	40.55	1:23.47	2:06.93
	6	Jodie HULL		12 Bor of Waltham Forest (Gators)	2:57.96	42.83	1:28.17	2:13.71
	7	Lauren BEADON		12 Basildon and Phoenix SC	3:04.78	44.92	1:31.97	2:19.90
	8	Georgia ANTONIOU		12 Bor of Waltham Forest (Gators)	3:07.09	44.27	1:31.83	2:19.85
	9	Sonia HALILI		12 Bor of Waltham Forest (Gators)	3:07.47	44.68	1:32.64	2:21.15
		Sophie HALL		12 Runnymede SC	DQ T-			
13 Yrs Age Group - Full Results								
Place		Name	AaD	Club	Time	50	100	150
	1	Ruby WILSON		13 Brentwood SC	2:24.34	33.6	1:09.89	1:47.21
	2	Abby COLTON		13 Witham Dolphins SC	2:39.94	37.63	1:18.63	1:59.66
	3	Abigail HART		13 Dunmow Atlantis SC	2:44.30	39.49	1:21.39	2:03.81
	4	Abbey CROUCH		13 Basildon and Phoenix SC	2:45.07	38.64	1:20.85	2:04.39
		Jessica LACEY		13 Runnymede SC	DNC			
		Fern WALLIS		13 Runnymede SC	DNF			
14 Yrs Age Group - Full Results								
Place		Name	AaD	Club	Time	50	100	150
	1	Hannah GILLESPIE		14 Epping Forest Dist. SC	2:35.67	37.8	1:17.38	1:57.32
	2	Sarah ELLIS		14 Runnymede SC	2:43.32	38.76	1:20.79	2:03.10
	3	Alex DRYSDALE		14 Basildon and Phoenix SC	2:45.73	38.14	1:20.40	2:04.26
	4	Aine GRIFFITHS		14 Basildon and Phoenix SC	2:57.41	41.67	1:26.80	2:12.50
		Megan PALMER		14 Basildon and Phoenix SC	DNC			
15 Yrs/Over Age Group - Full Results								
Place		Name	AaD	Club	Time	50	100	150
	1	Maisie WEST		16 Basildon and Phoenix SC	2:37.25	34.11	1:11.92	1:52.93
	2	Ekaterina ZOSSIMOVA		16 Newham & UEL Swimming Club	2:40.87	36.63	1:16.63	1:58.50
		KELLY AGOMBAR		15 Havering Dolphins	DNC			
		Armani ANTOINE-CHAG.		17 Enfield Swim Squad	DNC			
EVENT 30 Boys Open 100m Breaststroke								
11 Yrs Age Group - Full Results								
Place		Name	AaD	Club	Time	50		
	1	Harvey JOLLY		11 Basildon and Phoenix SC	1:31.94	42.43		
	2	Manuel NACHEV		11 London Borough of Redbridge SC	1:43.61	49.47		
	3	Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	1:43.72	49.42		
	4	Calvin GOWERS		11 Killerwhales SC (Havering)	2:00.25	59.21		
	5	Joshua PURCHES		11 Runnymede SC	2:03.06	54.73		
12 Yrs Age Group - Full Results								
Place		Name	AaD	Club	Time	50		
	1	Louis SPONG		12 Dunmow Atlantis SC	1:25.31	39.84		
	2	Max DAWSON		12 Basildon and Phoenix SC	1:26.42	40.02		
	3	Joseph KILSBY		12 Basildon and Phoenix SC	1:34.65	45.63		
	4	James BAYLEY		12 Runnymede SC	1:35.88	46.23		
	5	Ben GOODWIN		12 Basildon and Phoenix SC	1:39.57	46.87		
	6	Matthew CAHILL		12 Basildon and Phoenix SC	1:42.36	48.27		
13 Yrs Age Group - Full Results								
Place		Name	AaD	Club	Time	50		
	1	Bradley VEITCH		13 Harlow Penguin SC	1:21.41	39.25		
	2	Esteban MARMOLEJO		13 Bor of Waltham Forest (Gators)	1:23.75	39.47		
	3	Joshua COOPER		13 Runnymede SC	1:33.28	44.99		
	4	Callum YEO		13 Bor of Waltham Forest (Gators)	1:41.90	46.55		
	5	Samuel STUCKEY		13 Newham & UEL Swimming Club	1:43.70	48.01		
14 Yrs Age Group - Full Results								
Place		Name	AaD	Club	Time	50		
	1	THOMAS BADLEY		14 Havering Dolphins	1:19.25	36.87		
	2	Daniel THOMPSON		14 Basildon and Phoenix SC	1:23.39	39.15		
15 Yrs/Over Age Group - Full Results								
Place		Name	AaD	Club	Time	50		
	1	Jack CARTER		17 Southend on Sea SC	1:11.93	33.82		
	2	Rory GEOGHEGAN		16 Brentwood SC	1:12.08	33.96		
	3	Elliott HILL		18 Bor of Waltham Forest (Gators)	1:15.58	35.29		
	4	Elliot HART		16 Runnymede SC	1:16.51	36.47		

5	Matthew MCLAUGHLIN	18	Dunmow Atlantis SC	1:18.15	36.76
6	Wesley BRAME	15	Brentwood SC	1:22.29	38.42
7	Sam BISHOP	15	Killerwhales SC (Havering)	1:23.18	39.7
8	SEAN SEVANT	15	Havering Dolphins	1:25.37	39.49
9	Benjamin GOMES	18	Basildon and Phoenix SC	1:38.43	45.85

EVENT 31 Girls Open 100m IM

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	
1	Tessa O'DOHERTY		9 Basildon and Phoenix SC	1:44.43	
2	Mia JONES		9 Basildon and Phoenix SC	1:47.78	

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	
1	Rebecca WATT		10 Dunmow Atlantis SC	1:28.40	
2	Ella-Louise KILSBY		10 Basildon and Phoenix SC	1:30.30	
3	Erin LEE		10 Basildon and Phoenix SC	1:32.79	
4	Zara MILLS		10 Southend on Sea SC	1:33.05	
5	Rebecca STROUD		10 Brentwood SC	1:33.37	
6	Olivia PROPHET		10 Runnymede SC	1:35.39	
7	Mia NICHOLS		10 Basildon and Phoenix SC	1:36.32	
8	Emma RICHARDS		10 London Borough of Redbridge SC	1:37.58	
9	Jade BRAYBROOKE		10 Killerwhales SC (Havering)	1:44.39	
10	Emily BOWN		10 London Borough of Redbridge SC	1:52.72	
	Scarlett MORINE		10 Basildon and Phoenix SC	DQ T-	

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	
1	Meghan MAYBANKS		11 Dunmow Atlantis SC	1:18.07	
2	Bryony UMFREVILLE		11 Basildon and Phoenix SC	1:24.23	
3	Anne FYNN		11 Witham Dolphins SC	1:26.39	
4	Megan KEY		11 Brentwood SC	1:26.54	
5	Rhianna-Lee PAGAN		11 Bor of Waltham Forest (Gators)	1:27.63	
6	Ciara TAPPENDEN		11 Basildon and Phoenix SC	1:29.85	
7	LAURA BARHAM		11 Havering Dolphins	1:31.53	
8	Abigail RICE		11 Southend on Sea SC	1:31.91	
9	Joely BENNETT		11 London Borough of Redbridge SC	1:38.79	
	Emily GREEN		11 Brentwood SC	DQ T-	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	
1	Rebecca MCDERMOTT		12 Brentwood SC	1:20.24	
2	Bethany RICHARDSON		12 Basildon and Phoenix SC	1:21.57	
3	Eavie MICKLEY		12 Basildon and Phoenix SC	1:22.14	
4	Megan THOMPSON		12 Basildon and Phoenix SC	1:22.23	
5	Lily MAY		12 Basildon and Phoenix SC	1:22.79	
6	Abbie ROBERTS		12 Brentwood SC	1:23.94	
7	Maisie JONES		12 Basildon and Phoenix SC	1:24.16	
8	Charlotte JORDAN		12 Basildon and Phoenix SC	1:25.19	
9	Jodie HULL		12 Bor of Waltham Forest (Gators)	1:25.21	
10	Sonia HALILI		12 Bor of Waltham Forest (Gators)	1:26.62	
11	Lydia KETLEY		12 Basildon and Phoenix SC	1:28.61	
12	Ella HENRY		12 Newham & UEL Swimming Club	1:29.30	
13	Georgia ANTONIOU		12 Bor of Waltham Forest (Gators)	1:30.37	
14	Madeline FRANKS		12 London Borough of Redbridge SC	1:33.28	
15	Isobel BANNING		12 Witham Dolphins SC	1:35.67	
16	Evlin SERVIS		12 Basildon and Phoenix SC	1:37.77	
17	Sophie HALL		12 Runnymede SC	1:42.30	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	
1	Ruby WILSON		13 Brentwood SC	1:12.26	
2	Dina DAY		13 Runnymede SC	1:16.71	
3	Ellie MITCHELL		13 Runnymede SC	1:19.65	
4	Abigail HART		13 Dunmow Atlantis SC	1:19.72	
5	Lillie HOULTON		13 Basildon and Phoenix SC	1:20.98	
6	Jemima WALKER		13 Basildon and Phoenix SC	1:21.60	
7	Mollie GARRARD		13 Runnymede SC	1:22.60	
8	Olivia RITCHIE		13 Southend on Sea SC	1:38.09	
9	Olivia GREY		13 Killerwhales SC (Havering)	1:45.54	
	Jessica LACEY		13 Runnymede SC	DNC	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	
1	Molly JEROME		14 Basildon and Phoenix SC	1:13.98	
2	Sarah HENNESSY		14 Newham & UEL Swimming Club	1:16.86	
3	Alex DRYSDALE		14 Basildon and Phoenix SC	1:18.60	
4	Hope JONES		14 Basildon and Phoenix SC	1:19.35	
5	EMILY ROWELL		14 Havering Dolphins	1:20.91	
6	Megan PALMER		14 Basildon and Phoenix SC	1:23.20	
7	Aine GRIFFITHS		14 Basildon and Phoenix SC	1:27.12	

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
	1 Grace GILROY		15 Brentwood SC	1:13.45
	2 Georgia MILLS		16 Basildon and Phoenix SC	1:13.53
	3 Poppy HILL		17 Bor of Waltham Forest (Gators)	1:13.58
	4 Molly GILES		15 Basildon and Phoenix SC	1:13.91
	5 Ellie PIRRIE		15 Basildon and Phoenix SC	1:14.02
	6 Mikeala GORE		15 Witham Dolphins SC	1:15.97
	7 Megan JONES		15 Basildon and Phoenix SC	1:19.40
	8 Abigail LEE		16 Basildon and Phoenix SC	1:21.04
	9 Georgia PORTER		17 Killerwhales SC (Havering)	1:22.20
	10 Connie SLATER		15 Witham Dolphins SC	1:24.32
	11 Hope OLOYE		15 Newham & UEL Swimming Club	1:25.08
	KELLY AGOMBAR		15 Havering Dolphins	DNC
EVENT 32 Boys Open 50m Backstroke				
09 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 Luke BISHOP		9 Killerwhales SC (Havering)	47.14
	2 Christopher STEPHENS		9 Brentwood SC	47.68
10 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 Pratham SHETTY		10 Runnymede SC	42.66
	2 Benjamin HARVEY		10 Basildon and Phoenix SC	45.79
	3 Ben PARADISE		10 Basildon and Phoenix SC	48.23
	4 Jamie SPONG		10 Dunmow Atlantis SC	49.62
	5 Patrick MILNER		10 Southend on Sea SC	49.68
	6 Christoper DIXON		10 Brentwood SC	51.91
	Mackenzie RITCHIE		10 Southend on Sea SC	DNC
11 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 Adam HAROUMA		11 Newham & UEL Swimming Club	38.85
	2 Emanuel JOSEPH		11 Bor of Waltham Forest (Gators)	40.09
	3 Samuel SEYOUM		11 London Borough of Redbridge SC	43.5
	4 Zayn AKBAR		11 Bor of Waltham Forest (Gators)	44.94
	5 Calvin GOWERS		11 Killerwhales SC (Havering)	45.78
	6 Joshua PURCHES		11 Runnymede SC	48.7
	7 Elliott PEARSON		11 Killerwhales SC (Havering)	54.82
	Freddie PEARSON		11 Killerwhales SC (Havering)	DQ T-
12 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 Dermot O'DOHERTY		12 Basildon and Phoenix SC	37.58
	2 Joseph KILSBY		12 Basildon and Phoenix SC	38.71
	3 James BAYLEY		12 Runnymede SC	39.05
	4 Max DAWSON		12 Basildon and Phoenix SC	39.06
	5 DANNY GRAY		12 Havering Dolphins	40.41
	6 Matthew CAHILL		12 Basildon and Phoenix SC	40.83
	7 Oliver TOTMAN		12 Killerwhales SC (Havering)	43.66
	8 Ben GOODWIN		12 Basildon and Phoenix SC	46.86
13 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 Esteban MARMOLEJO		13 Bor of Waltham Forest (Gators)	32.54
	2 JOSHUA ARNONE		13 Havering Dolphins	32.82
	3 Kieran BARBERO		13 Basildon and Phoenix SC	34.85
	4 Alec HUMPHRIES		13 Basildon and Phoenix SC	35.01
	5 Aaron BEARWISH		13 Basildon and Phoenix SC	37.46
	6 Jack HARRIS		13 Basildon and Phoenix SC	38.08
	7 Callum YEO		13 Bor of Waltham Forest (Gators)	38.46
	8 Joshua COOPER		13 Runnymede SC	43.4
14 Yrs Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 THOMAS BADLEY		14 Havering Dolphins	32.69
	2 Cengiz KOYUNCU		14 Black Lion SC	32.99
	3 Kalaam MOTIN		14 Basildon and Phoenix SC	34.6
	4 Daniel THOMPSON		14 Basildon and Phoenix SC	35.79
	5 Nathan GREY		14 Killerwhales SC (Havering)	38.4
15 Yrs/Over Age Group - Full Results				
Place	Name	AaD	Club	Time
	1 Harvey BROWN		15 Basildon and Phoenix SC	30.46
	2 Jamie MCLAUGHLIN		15 Dunmow Atlantis SC	31.17
	3 Sam BISHOP		15 Killerwhales SC (Havering)	34.46
	4 Marcus KETLEY		15 Basildon and Phoenix SC	35.29
	5 Daniel LEE		16 Basildon and Phoenix SC	36.32
	6 Benjamin GOMES		18 Basildon and Phoenix SC	44.72
	MATTHEW BARHAM		15 Havering Dolphins	DNC