# **Thurrock Swimming Club Season Opener 2010**

#### **Conditions**

### **Facilities**

Six lane 25m pool, swim down pool, electronic timing with scoreboard.

# <u>Affiliation</u>

Thurrock Swimming Club are affiliated to ASA East Region.
The meet will be held under ASA Laws and ASA Technical Rules.
The meet is licensed at level 2 and held under license number TBC

# **Age Groups**

Ages as at 3<sup>rd</sup> October 2010. Age groups 9, 10, 11, 12, 13, 14, 15, 16, 17+.

#### **Entries**

Closing date for entries is **Midnight 12th September 2010**. Entries falling within the qualifying times will be accepted on a <u>first come</u>, <u>first served basis</u>.

Thurrock Swimming Club reserve the right to close the meet or individual events within the meet earlier than the specified closing date.

All entries must include Date Of Birth and ASA Registration Number details. Club entries should be submitted using the Sportsystems electronic entry system (download available via <a href="https://www.thurrockswimmingclub.ik.com">www.thurrockswimmingclub.ik.com</a>)

Individual entries may be accepted using individual entry forms also available via the website.

Thurrock Swimming Club reserves the right to reject any entry without giving a reason. The submission of entries either electronically or by entry form indicates acceptance of the Meet Rules.

Thurrock Swimming Club reserves the right to alter the entry closing deadline.

All entries using the electronic system **do not** have to send entry forms .

All entries/Chqs should be posted to the Meet Organiser: Lyndsey Motin

31 Victory Close Chafford Hundred

Essex RM16 6RT

motin@btinternet.com

# Please not not send Entry Forms/Chqs by Special Delivery

#### Time trials

Entries which fall outside of the consideration times or swims that are wanted on the day may be accepted on a time trial only basis, if there is sufficient space and will therefore **not** be eligible for awards or be entered on the ASA rankings database

#### **Entry Fees**

Entry fees are £5.00 per event.

Cheques made payable to Thurrock Swimming Club.

The entry fee includes a levy of 25p per event payable to ASA East Region.

### **Events**

Events will be seeded, with heats being swum in a spearhead formation.

All events will be swum on a heat declared winner basis.

It is the responsibility of the swimmer to report to the stewarding area in sufficient time for each event. Thurrock Swimming Club will not be held responsible for any swimmer missing the start of their particular heat.

# Warm Up

Swimmers and coaches must ensure that they take no action that would endanger themselves or others.

Swimmers should swim in the direction indicated by the lane direction cards. Swimmers must swim in their appropriate warm up.

Sprint lanes will be announced.

### **Swim Down**

A swim down pool will be available for use throughout the duration of the event and swimmers using this facility must be supervised.

The instructions of the pool lifeguard and/or Thurrock Swimming Club's Meet Management Staff must be followed at all times.

Thurrock Swimming Club reserve the right to close this facility if it is abused.

# **Awards**

Awards will be made to the first three placed swimmers in each age group and medals can be collected from the medal table <u>after</u> the results of that event are published. **No medals will be posted.** 

# **Swimshop**

Swimshop facilities will be available throughout the Weekend in the Foyer.

#### Refreshments

A Cafe selling hot and cold food will be in operation throughout this event

# **Photos**

A photographer will be in attendance throughout the event